#### **EDITOR'S DESK**

#### **HAPPY NEW YEAR!**

s the year begins I'd like to say, I feel very privileged to be working with such an exceptional group of talented people.



We are so fortunate to receive a condensed version of Mae Cox's sold-out book *The Up-churches* which appears on page 7.

For more of Mae's family pictures click here: <u>Charles Wesley Up-church Family (coxok.com</u>) also: the book is currently being revised: <u>The Upchurches (Revised)</u> Contact Mae at <u>mae@coxok.com</u>

I am still fascinated with the stories of the Lost Colony of Roanoke-where in 1587, 117 English men, women and children came ashore on Roanoke Island to establish a permanent English settlement in the New World, and just three years later in 1590, when English ships returned to bring supplies, they found the island deserted. Now the discovery; (and according to other recent news sources), recovery; of the ancient colonial ship is the subject of a book by Don Upchurch and Lucy Daniels. You will find the story on page 25.

A very sincere thank you to all who shared stories, articles, pictures and ideas to print in our newsletters!

Cindy Hale

UAFA National Home Office | 1130 Kildaire Farm Road, Suite 120 | Cary, NC 27511-4594 Founded by Robert Phillip "Phil" Upchurch, PhD January 15, 2023 **NSIDE THIS ISSUE** Editors Desk **UAFA News & Information** Climbing the Family Tree By Hugh S. Watson—Jay Buck 3 Meet Dr. Tom Upchurch—Rotary District 6910 4 Charles "Charley" Westley Upchurch By Mae D. Cox 7 Military Column : All U.S., Civil War Prisoner of War Records, 14 1861-1865 results for Upchurch DNA Connections : New SideView™ Feature By Brenda Carbon 21 Upchurch Foundation 23 Monticello Representative Ken Upchurch receives 'Friend of Ken-24 tucky Cities' award -Commonwealth Journal In Pursuit of Dorothie : The Lost Colony Ship by Donald Paul 25 Upchurch Risk of Autism Associated With When and Where Forebears 27 Lived By Anonymous 2nd Quarter UAFA Upchurch Trees Report-Linda Sparks Tarheel Boys Woody Upchurch By Frank Tursi 28 Family discovers Raleigh house used to be owned by beloved mayor by Chrissy Fishbane Heritage Recipes : Upchurch Reunion Traditional Co 31 Sausage Gravy —Cindy Hale



#### **UAFA NEWS & INFORMATION**

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Over 35 videos featuring founder Phil Upchurch telling family stories, along with UAFA President, Dr. Tom Upchurch. These are available and FREE to all. <a href="https://www.youtube.com">https://www.youtube.com</a>

YOU After opening YouTube, enter "Upchurch and Allied Families" into the search box. This will open the UAFA channel and display the videos.

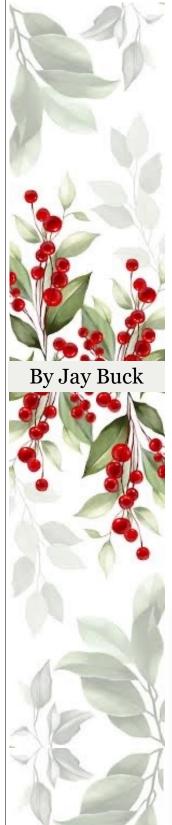
# Family Crests

Oh I love the idea of family crests and coat of arms, but if truth be told, in England, (which is the country of origin for our immigrant ancestor, Michael Upchurch) there is no such thing as a coat of arms granted to a surname. They were, and still are, granted to an individual. In the USA, this rule is contrary to what we are led to believe by so many companies out there selling merchandise with your "family crest" on it; and these companies are not usually involved in legitimate genealogical research, which is opposite to the principles of UAFA.

-Cindy Hale



# Climbing the Family Tree By Hugh S. Watson



## GENEALOGY: QUESTIONS & ANSWERS

eginning in the mid-1950s and extending through the decade of 70s, the Daily News of Newport News, VA ran a column moderated by Hugh S. Watson, Jr., entitled, "Climbing the Family Tree -Genealogy: Questions and Answers". This column focused on family research in Virginia and still fascinates and informs readers today. Those of you with access to newspapers.com might be interested in searching this treasure trove. By typing "Climbing the Family Tree", (use the quotation marks), you can begin to view over 1,000 matches. To narrow your search add a keyword or two. A search string, "Climbing the Family Tree" Upchurch deliv-



ered 7 matches including a reference to Surry County Records that listed Michael Upchurch as being "50 odd years" in 1671. If you do not have access to newspapers.com, check to see if your local library might subscribe to this database. For more details, you may contact Jay Buck at UAFA jay.buck@alliedfamilies.org



This article appeared in the Rotary District 6910 Newsletter last month. Our esteemed President of UAFA was a mite embarrassed by the praise, but in my opinion, not only is he so deserving, but it's a wonderful article that allows us to get to know Dr. Tom Upchurch better. —Editor

# Meet our Members | The Story of a Rotary Hero and a Polio Survivor Saturday, December 3, 2022

By Anu C. Narula, Ph.D.



Note: Dr. Tom Upchurch descends from William Upchurch — Clan IV

In our December Member spotlight, we recognize Dr. Tom Upchurch, a member of the Rotary Club of Gwinnett. Dr. Upchurch has not only overcome his own battle with polio but has dedicated his life to fight disease through his professional experience as a surgeon and his philanthropic dedication to the Polio Plus program.

Learn more about Dr. Upchurch and his life as we shine a spotlight the month of December.

"If we did all the things that we are capable of, we would literally astound ourselves," affirmed Thomas A. Edison. This quote applies perfectly to the motto of "Imagine Rotary" extolled by Rotary International (R.I.) President (2022-23) Jennifer Jones. This very quote applies to the life and achievements of

a Rotary hero from District 6910.

As we celebrate the R.I. theme of "Disease Prevention and Treatment," let's use our imagination to "imagine"

being struck by
Bulbar polio at age
3 and losing your
cousin to polio in
early childhood,
"imagine" battling
vision problems
sporadically in
your life due to
being struck by
polio at an early
age, "imagine" being driven enough
to be the first per-





son in your family to pursue education and go to college, "imagine" growing up on a dairy farm in rural Tennessee and going on to be a dexterous surgeon, "imagine" finding a way to serve your nation by joining the Air Force as a flight captain and saving lives in the Medical Corps while serving in Vietnam, "imagine" changing gear to be an educator for teaching Family Medicine and writing a book called "Otolaryngology in Primary Care," "imagine" using your business instinct to be an entrepreneur to found a company that used medical informatics to improve patient care, and finally "imagine" using the power of Rotary at the pinnacle of your career to emulate "Service above Self."

I feel honored and grateful to delve

deep into the saga of a life that gives all of us an impetus to reflect on the power of resilience represented by Dr. Thomas D. Upchurch, a member of the Rotary Club of Gwinnett, D6910 since 2005. Dr. Upchurch comes across as a role model husband, father, and grandfather who consistently used his brilliant communica-

tion skills to serve our district in multiple leadership roles. Dr. Upchurch has been every club officer at least once, the District Assistant Governor and District Communications officer for 7 years, Rotary Leadership Institute (RLI) Graduate, and RLI instructor in the Sunshine Division of RLI. Among many other awards won by Dr. Up-

# heet DR. TOM UPCHURCH



Continued from page 4



Cousin Eileen



church, he won the D6910 Rotarian of the Year award in 2015, Rotary Club of Gwinnett "Service above Self" award in 2014, D6910 Distinguished Service award, Paul Harris Fellow Level 9, Paul Harris Society Major Donor, Bequest Society Benefactor, and GRSP Will Watt Fellow.

As an Indian who believes both in Karma (Hard Work), and Destiny (Luck), a writer, and a longstanding Rotarian, I can't help identifying a number of common threads between the turning point of my career as an educator at the University of Tennessee and the outstanding achievements of my husband Chaitanya, who retired as a Scientist from the National Laboratory in Oak Ridge in TN, which is where Dr. Upchurch worked as a physician for thirty years and joined the Oak Ridge TN Breakfast Rotary in 1981.

Dr. Upchurch and his family moved to Suwanee, GA in 2005 and joined the Rotary Club of Gwinnett the same year. Chaitanya and I first met Dr. Upchurch at a Peace and Unity event hosted by his club. He left a lasting impression as a tall, upright, and erudite man with a winsome smile. After talking to Dr. Upchurch on the phone, I unplugged the saga of his life as a

polio survivor, a versatile professional, and a Karma yogi who dedicated his multiple talents to serve as a Rotary hero.

Dr. Upchurch utilized his personal experience as a polio survivor and his professional expertise as a surgeon to serve the Polio Plus program since 1980. One of his Rotary mentors was Bill Sergeant who served as the International Chair of the Polio Plus program for several years. During his chairmanship, Bill took as many as 100 flights a year to coordinate efforts by WHO, UNICEF, and CDC to get children immunized. In the words of Dr. Upchurch, "I am a dedicated believer in the value of immunizations to prevent illnesses generated by polio." Given below are excerpts from my email interview with Dr. Up-



Tom Upchurch and young calf

#### Meet

#### DR. TOM UPCHURCH

church:

**Anu:** How did your experience as a polio survivor shape your dedication to the cause of polio prevention, eradication, and the need for polio vaccinations for kids?

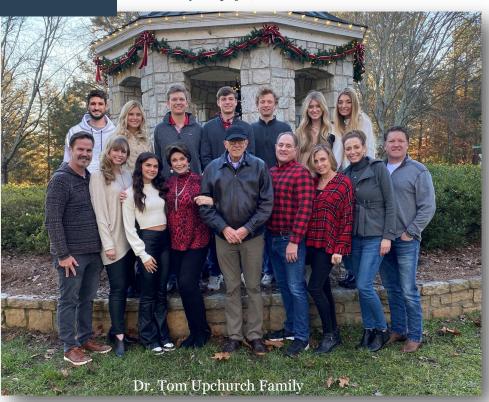
**Dr. Upchurch:** I was infected by polio at age 3, ensuing into double vision and muscle weakness. The leg muscle issues were fortunately resolved within a few weeks, but the double vision had to be controlled with exercises until age 75 when uncontrollable double vision recurred. I always remind myself of the opportunities that I have had in life that my cousin Eileen never had.

Anu: Why did you join Rotary?

**Dr. Upchurch:** I initially joined Rotary because I wanted to get to know the community leaders and later became interested in service and fellowship. When I was working as a surgeon and business entrepreneur, there was little productive time, but I continued to contribute as a regular member of Rotary. After assuming the position of Chief Medical Officer at **AllMeds** and moving to GA, my work was less demanding and I became much more involved with Rotary.

The graph of Dr. Upchurch's life took him from one challenge to another, but he overcame all the intimidating odds that destiny posed in his life to rise as a towering persona, who makes me feel empowered as a cancer survivor and empowers all of us with hope in his role as a polio survivor, a multitalented professional, and an utterly committed Rotarian.

I am grateful to our District Governor (2022-23), Gerry Taylor and Public Image chair, Amanda Continued from page 5



Groover for entrusting me with the task of writing this piece. My husband and I are excited with the hope to have new family friends in Dr. Upchurch and his wife Joyce Meeks.

In conclusion, I would just like to quote the words of Helen Keller, "Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition aspired, and success achieved." Amen.







# Charles 'Charley' Wesley Upchurch

#### CHARLES 'CHARLEY' WESLEY UPCHURCH

Born November 22, 1853

Stanly County, North Carolina

Died April 29, 1915 Age 62

Cleveland County, Oklahoma

Buried Mt. Zion Cemetery,

Cleveland County, Oklahoma

Parents Patrick Bogan Upchurch (1816–1885)

Eunice 'Nicey' McSwain (1819–1897)

#### First Wife: Julina Perrine

Born April 1850 Illinois

October 3, 1873, age 23, CWU 19, Married

Conway County, Arkansas

Died June 1, 1912, Age 62

Cleveland County, Oklahoma

Buried Mt. Zion Cemetery,

Cleveland County, Oklahoma

#### Second Wife: Sophronia Eugenia 'Jennie'

Born January 10, 1872

Married March 3, 1914, Tecumseh,

Pottawatomie County,

Oklahoma

Died January 7, 1925

Birmingham, Alabama

Buried Columbia County,

Arkansas

#### **Charles Born in North Carolina**

Charles was the ninth child born to Patrick Bogan Upchurch and Eunice McSwain while they lived in Stanly County, North Carolina. They lived there only a short time after Charles's birth before pulling up stakes and moving west.

#### North Carolina to Arkansas

Sometime between 1854 and 1859. Charles's father and one of his father's brothers packed up their families and left North Carolina. Legend has it that they were heading west, bound for the California gold fields.

They loaded wagons with tools and what equipment they would need along the way and also at their new place of residence. Teams of horses and mules pulled the loads. Family members, who were able, had to walk since the wagons were heavily loaded. Several families joined together forming a wagon train.

In early July, the Upchurches had reached Arkansas. Sources say they got as far as Arkansas where their wagon broke down so there they remained.

#### Conway County, Arkansas

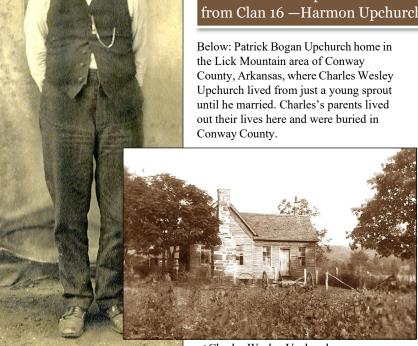
After deciding that Conway County was where they'd stay, they began making the place livable. Tents were erected for the time being and they prepared for winter. Claiming free land within a few miles of one another, they soon began building cabins and barns, and clearing the fields.

Charles would have been about one to five years of age when they arrived in Arkansas and this is where he grew up, and where he learned farming alongside his father and siblings.

Over the ensuing years, the youngsters became

adults, and began marrying. Naturally they found spouses among their neighbors. Skinners married Upchurches. Upchurches married Millsaps. Children were born, families grew.

Note: Mae Davenport Cox descends from Clan 16 —Harmon Upchurch





#### **Charles Marries Julina**

The Perrines also lived in Conway County and for some reason there was a great conflict with their daughter, Julina, wanting to marry young Charley Upchurch. It's not known if they just opposed this marriage, or if there was actual conflict between the two families.

In time, the Perrines also moved to Indian Teritory though they selected Pontotoc County as their home. It is unknown if either they or the Upchurches ever reestablished a relationship as they were only about 60 miles apart.

#### **Romeo-Juliet Conflict**

Either way, there was a Romeo/Juliet dispute between the two families. But the young couple ignored the Perrines disgruntle-ment and chose to get married. After their marriage October 3, 1873 at Conway, Arkansas, family lore says they moved away and never returned to see her family.

#### 1880 Census: Lick Mountain, Arkansas

Charles, 26, a farmer, and Julina, 26, are listed in the June 22, 1880 census record for the Lick Mountain area of Conway County, Arkansas. Though earlier it was established she was about three years older than he, in this census she's listed as being the same age.

Their first three children, William A., 5; Nancy E, 4; and Margaret, 2, were also listed as members of the household.

Notable is that Patrick Bogan Upchurch (Charles' father) and family are listed just above Charles on the census. Patrick Bogan's name was mistakenly entered though as *E. B. Upchurch*.

#### They begin their Family the Next Year

In just over a year, Charles and Julina's first child, William Andrew, was born. Thus began their struggle to support and take care of what would become quite a large family. Nine children were born over the next sixteen years following their marriage.

#### Making a Living

Making a living was tough and they worked hard to feed their growing brood. An orchard, plus fields of corn and cotton, supplied much of their food. Hominy was made from corn, and they canned and dried fruit. Cotton was carded so that it could be knitted into socks.

The Upchurches were ardent trappers — 'possum, mink, and bear. The skins were taken into town and traded for much-needed supplies: barrels of flour, one-hundred pound bags of sugar, bags of salt, and green coffee beans in burlap bags. Beans were roasted in iron skillets at the fireplace and then coffee could be made.

#### Door-to-Door Pork

Charles joined the Skinners —neighbors and friends — in a joint project. The unsettled wilderness around them was filled with wild pigs and hogs roaming loose.

They rounded up the wild critters and drove them to the edge of town where the animals were slaughtered and the meat processed.

Packages of fresh meat were taken into the town of Morrilton. Going door to door, they sold the pork fetching three or four cents a pound. Live animals so were sold: four pigs and a sow brought in \$4.00.

#### Charles and Julina's Children

First eight children were born in Conway County, Arkansas

1. William Andrew Upchurch	b December 1, 1874	d. December 6, 1958	m. Nancy Millsap b. 1878 AR
2. Nancy Elizabeth Upchurch	b. May 29, 1876	d. 1924 Cleveland Co OK	m. J. Hill Millsap b. 1866 AR
3. Margaret Julina Upchurch	b. February 13, 1878	d. August 6, 1952	m. E. Johnson/Franklin Bales
4. Thomas Rutherford Upchurch	b. October 15, 1880	d. September 27, 1959	m. Eller Stubblefield b. 1877
5. Infant Upchurch	b. 1882	d. 1882	
6. Bowman Franklin Upchurch	b. March 26, 1884	d. December 12, 1957	m. Leola Burton b. 1887 AR
7. Eliza Jane 'Jennie' Upchurch	b. November 6, 1886	d. August 13, 1973	m. William E. Elliott b. 1874
8. John Jackson Upchurch	b. December 11, 1889	d. August 13, 1943 OK	m. Mary Grizzle b. 1906
9. Mary May Upchurch	b. May 19, 1892*	d. April 16, 1975	m. Arthur Davenport b. 1886

<sup>\*</sup> Born east of Wayne, Indian Territory, Oklahoma

#### **Land Received From Government in 1890**

The United States Government opened land in Arkansas whereby tracts could be claimed by homesteaders. Several of the Upchurches and Skinners applied for these land patents.

Charles Wesley Upchurch was awarded 160 acres of land on April 16, 1890, located in the NE/4 of Section 30-9N-16W in Conway County, Arkansas.

Just east of Charley's land the Upchurches established the Upchurch Cemetery, and across the road south of it was the old "Upchurch Meeting Grounds." Going east on down the road was a hill they dubbed "Upchurch Mountain."

#### Life in Arkansas

Charley and Julina homesteaded near several of his kin. His parents were just down the road. Brother Strickland's place was next door. Brother William A. Upchurch had a farm nearby. Asister and several cousins were also in the area.

Charles's sister, Mary Katherine, married W. O. Skinner, and their farm was a couple miles away. Many other Skinner families resided in the area.

The Upchurches were a close knit family and observed or celebrated most every occasion. So popular were their get-togethers that they even had a special place to gather, which folks in the area named, "The Upchurch Meeting Place."

Charley's time of owning land in Arkansas was short lived as the following year he decided to leave this area of the country.

#### **Charles Decides to Head West**

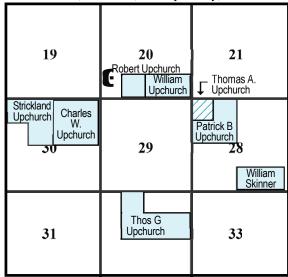
In 1891, Charles and his brother David Upchurch were sick and tired of homesteading the rocky, hilly, grubladen Arkansas Ozark lands. Even with their trapping and hog-killing projects, they still struggled to eke out a living.

It's not clear just how, when, or where they heard about land in Oklahoma, but the brothers decided to head 'em up, and move 'em out.

#### Farms Sold, Possessions Loaded

Selling their farms they'd earlier been granted through land patents, Charles and David packed everything they owned into several wagons. Then loading up their families —Charles and Julina had eight children, while David and Sara had seven — they set off for *the wild and wooly west*.

T-9 North, R-16 West, Conway County, Arkansas



The Upchurches lived in close proximity to one another. Land patents were found for most of the tracts shown here.

#### Westward Ho! Wagons West!

Charles, David, and their sons, on horseback, drove the cattle. No roads existed, just dirt trails. Nor were there any bridges at the streams and creeks, so they forded by driving right through the water. Wagons, cattle, and all. The only big river to cross had a ferry, said one family source... probably the Arkansas or Illinois River.

They slept in tents or occasionally in old, abandoned cabins where they could spread out. The men shot squirrels and game along the way, providing meals. Cooking was done on campfires of sticks and logs.

Occasionally a calf was born along the way, and these were carried in the wagons for several days before joining the rest of the herd.

The men took turns sleeping near the cattle and horses at night, according to one descendants' report of the trip. She said they feared Indians would come along and steal their animals. After all, they were headed for Indian Territory.







#### **Upchurches Reach Indian Territory**

After six weeks of travel, they arrived in Indian Territory, just east of Wayne, in what is now McClain County, just across the river from Cleveland County in Oklahoma Territory.

#### **Brothers Follow Later**

A year after Charles Upchurch and David Upchurch made the trip to Oklahoma, other family members decided to follow. Two brothers, Strickland Upchurch and Patrick Gordon 'Doc' Upchurch packed their families into three wagons and set off for Oklahoma Territory. After six weeks of travel, they arrived at Charley's place in Indian Territory.

The Upchurch brothers originally settled in the Wayne, I.T. area near Charles and his family, where, living in dugouts or cabins, they began farming the land. The following year, Strickland and David moved their families to the Chickasha area. From there they ventured to Custer County, in northwest Oklahoma, where they lived out their lives.

#### Living in a Dug-Out

Charles settled his family into a roughly made dugout. Whether they found a dugout already there or if they dug and built one is unknown. The only information about their few years in this location is that they were farmers.

While living in the dugout in Indian Territory, Julina gave birth to their last child: Mary May Upchurch—grandmother of this author.

#### **Upchurches Move Across the River**

In about 1893, Charles moved his family north across the South Canadian River into southeast Cleveland County where they settled into a dugout near Buckhead.

#### The Buckhead Community

Buckhead was a small community in far southeastern Cleveland County,
O.T. —wild and untamed. In only a few years settlers had flocked in and
Buckhead became a lively burg though it boasted only

a general store, grist mill, and cotton gin.

By 1893, the area was so heavily populated it became one of the few communities to have a post office. By the late 1890s, where thickets and briars once dominated the countryside, now lay fields of cotton. Fences began sprouting up here and there. Cattle dotted the landscape.



Julina and Charles on porch of their home near Buckhead in southern Cleveland County, Oklahoma. Date unknown.

#### **Upchurches Leave Buckhead**

In the late 1890s, Charles and Julina moved their family to Clinton in far western Oklahoma. The children attended Chapel Hill School. They were in Clinton only a short time before returning to southern Cleveland County, Oklahoma Territory.

When they returned, they moved onto a farm just south of Buckhead Corner. The children began classes at Buckhead School, just a short distance from their home.

#### 1900 Census, Oklahoma Territory

When the census was taken June 22, 1900, the Upchurches were residing in the Canadian Township of Cleveland County,

Oklahoma Territory. This was before they owned land, so just where they were living is unknown.

Charles and wife, Galina (Julina) were listed at the very bottom of the page. Names of the rest of the family were continued on the next page.

#### **Upchurches Buy Land in 1905**

At a public auction held January 22, 1906, Charles was the highest bidder. His bid was accepted January 29, 1905, and he received deed to the land February 12, 1905. He paid the grand sum of \$501 for 40 acres lying in he SE/4 of the SE/4 of Section 34-6N-1E in far southeast Cleveland County.

This is before Oklahoma became a state in 1907, and the deed describes the land as located in *County of Cleveland, Territory of Oklahoma*.

#### Charles is President of School Board

Charles and Julina's felt education was important and made sure their children went to school wherever they lived...first, in Arkansas, then in southern Cleveland County. He wanted his children to be educated; however, this was before statehood and there were few schools.

Undaunted, Charley helped organize Buckhead School in 1893, and served as its first board president. An aunt thought she remembered that he may have taught at the school just as his father had been a teacher back in Arkansas.



The house that Charles W. Upchurch built in southern Cleveland County, Oklahoma. A few years later he added on to it as you can see on the right side of the picture. That house, which faces west, is still standing today though it has been 'rocked' around the outside. The cellar, at right, is also still there with its rounded top.

#### **Charles Buys Land in 1911**

It's not known if Charles sold the farm he purchased in 1905, though in 1911, he acquired another tract of land a couple miles from the first place. The deed shows C. W. Upchurch purchased 40 acres for \$1,400, funded partly with a \$350 mortgage.

The land was situated in the SW/4 of NW/4 in Section 25-6N-1E in southeast Cleveland County, not far from where they had first settled. The home they built here is shown in the photo above.

#### The ME Church

Charles and his entire family were dedicated Christians and active in the Mt. Zion Methodist Church just a

couple miles from their farm.

Charles was instrumental in helping establish the church and relatives say he helped with the actual construction of it.

Word is that he also filled in as the preacher when needed.

The Lexington Leader Lexington, Oklahoma April 16, 1909

#### . BUCKHEAD

Easter Sunday was celebrated at Mt. Zion with a sermon in the morning by Rev. Hamm and in the afternoon the Ever Green Sunday school celebrated its tenth anniversary. The first part of the session was devoted to reminiscences of the early days of the Sunday school, and the crowd was interested with the talk of C. W. Upchurch, who was president of the first school organized here, more than sixteen years ago.

#### Friends, Family Make the Move

Word drifted back to Arkansas of the open land and better farming where Charles was now living so several families left their Ozark farms and followed the Upchurches to Oklahoma Territory.

Charles' sister, Mary Katherine Upchurch, and her husband William O. 'Bill' Skinner, were quite close to Charles and Julina, and made the trip from Arkansas to Cleveland County, bringing their children with them.

The Millsaps were also related as Charles' daughter, Nancy, married Hill Millsap. They too made the move. Then two more Upchurch brothers arrived to the area with their families, as did Jeff Skinner and his family.

The Lowders were another family to follow. Apparently these families had migrated west to Arkansas and were now settling in Oklahoma. The Perrines left North Carolina, and journeyed to Arkansas via Illinois, before settling in Arkansas, then moving on to Oklahoma. Then came more Skinners and Millsaps.

#### Charles is a Farmer

Charles was a farmer throughout his adult years. One family source said he raised cotton and also had a nice array of chickens, cows, pigs, and other livestock.

#### Julina Dies in 1912, not 1914

When Julina became bedridden, her oldest son, William, and his wife, took her to their home. Julina's sister-in-law, Jennie Upchurch, came to help the family. Jennie had been married to Doc Upchurch and was now a widow. Jennie nursed Julina, and helped with household chores and meals until Julina's death.

Most likely Julina died June 1st, 1912, though there are several different dates from several different sources.

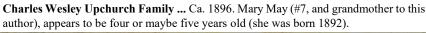
Julina's headstone says she died June 1, 1914, and that is wrong. The old newspaper article shown here states she *died Sunday* which would have been June 2, 1912. Perhaps she died on the first and was buried on the second.

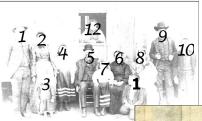
Julina was laid to rest in Mt. Zion Cemetery a short distance from where she and Charley had lived for many years, in the Buckhead and Box area of southern Cleveland County, Oklahoma.

#### Buckhead

Mrs. C. W. Upchurch died Sunday at the home of her son. W. A. Upchurch, after an illness of several days.

Lexington Leader Lexington, Oklahoma June 7, 1912





- 1. William A. Upchurch and
- 2. wife, Nancy Skinner with
- 3. son Little John in front
- 4. Jane Upchurch
- 5. Charles Wesley (seated)
- 6. Julina (seated) with
- 7. Mary May standing in front
- 8. Maggie Upchurch and child
- 9. T. Rutherford Upchurch
- 10. Bowman F. Upchurch
- 11. John Upchurch, kneeling.
- 12. One of the Skinners in the window, a sister to #2



#### **Charley Remarried in March 1914**

After Julina's death, Jennie Upchurch continued taking care of Charles and the children as he had no one else to cook and take care of his household. Shortly thereafter though, Charles became concerned with what the neighbors and townfolks might think of Jennie living with him. They were married March 3, 1914, in Tecumseh, Oklahoma. He was 60, she 42.

Jennie was Sophronia Eugenia Upchurch, widow of Patrick Gordon "Doc" Upchurch, Charles's brother. She was the daughter of John James Upchurch, and granddaughter of Lunsford Upchurch — a fifth cousin to Charles Wesley.

#### **Charles Developes Heart Disease**

Charles and Jennie were only married a short time when he began suffering with heart disease. He was quite concerned about himself as evidenced in a letter he wrote his son, Bowman, who lived in Clinton, Oklahoma. This is a portion of that January 13 1915, letter, with spelling left intact:

Well you wandered how I am geting along. My heart trouble gave way about a week ago. I feel well as far as that goes. But I am as weak as watter. But gaining strength fast. My wt did get down to 158 pounds. so you see I am as poor as a snake.

#### **Charley Announces His Own Death**

Over the next few months, Charles became weaker. As his condition worsened and he became bedridden, several family members gathered to be with him.

One aunt told how the children of Charles gathered around his bedside as his condition turned grave. She shared the following about his death:

Charles was quite alert though in grave condition. One morning, while he was lying in bed, he began taking his own pulse. For some time he lay there monitoring his condition, counting each pulse beat. Then quite suddenly he announced, "It's gone!" intoning that his pulse had stopped. Indeed it had, as he then slumped over and was pronounced dead.

Charles Wesley Upchurch died the morning of April 29, 1915, at his home in the Buckhead/Box area of southern Cleveland County, Oklahoma. He was buried beside Julina in the Mt. Zion Cemetery.

#### Mt. Zion Items

Mr. Upchurch died Thursday April 29 and was laid to rest in the Mount Zion cemetery Friday. He leaves eight children and three step children a sister and brothers to mourn his loss. The warmest sympathies of all go out to the relatives.

Lexington Leader, May 1, 1915

#### **Charles's Estate Probated**

Apparently Charles died intestate as his oldest son, William A Upchurch, was appointed administrator of his estate. Charles owed money at the time of his death, so his home and land were sold at public auction. After payment of his just debts, the rest was divided among his children.

#### Wrong Years on Headstone

The dates on the headstone for both Charles and Julina are in error. The newspaper article noted, and his death certificate confirmed, that Charles died in 1915, not 1916 as the headstone reads. Records also confirmed that Julina died in 1912, not 1914.



NOTE: The story of Charles 'Charley' Wesley Upchurch is condensed from my book about the family. Numerous contributors and documents made the story possible though references are not included in the story presented here. Anyone wishing documentation or names of references can contact me and I'll be happy to share that info.

-Mae Davenport Cox

# Military Column

Confederate U.S., Civil War Prisoner of War Records, 1861-1865 results for Upchurch

View Record	Name	Rank	Side	Imprisonment
View Record	John <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	R <b>Upchurch</b>	Private	Confederate	2 Apr 1865
<u>View Record</u>	O <b>Upchurch</b>	Private	Confederate	2 Apr 1865
<u>View Record</u>	R <b>Upchurch</b>	Private	Confederate	2 Apr
<u>View Record</u>	O <b>Upchurch</b>	Private	Confederate	2 Apr
<u>View Record</u>	A E <b>Upchurch</b>	Cap-	Confederate	3 Jul 1863
View Record	A E <b>Upchurch</b>		Confederate	
<u>View Record</u>	Thos C <b>Upchurch</b>	Private	Confederate	25 Nov 1863
View Record	Thomas <b>Upchurch</b>	Private	Confederate	4 Feb 1864
<u>View Record</u>	C H <b>Upchurch</b>	Private	Confederate	4 Feb 1864
View Record	John <b>Upchurch</b>	Private	Confederate	5 Oct 1864
<u>View Record</u>	Claborne <b>Upchurch</b>	Private	Confederate	
View Record	Thomas C <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Harry <b>Upchurch</b>	Private	Confederate	13 Dec 1864
View Record	Thomas <b>Upchurch</b>	Private	Confederate	4 Feb 1864
<u>View Record</u>	C H <b>Upchurch</b>	Private	Confederate	4 Feb 1864
View Record	John <b>Upchurch</b>	Private	Confederate	3 Oct 1864
View Record	Harvey <b>Upchurch</b>	Private	Confederate	
View Record	Calvin <b>Upchurch</b>	Private	Confederate	26 Jul 1863
View Record	Henry R <b>Upchurch</b>	Private	Confederate	5 Aug 1863

View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	John <b>Upchurch</b>	Private	Confederate	5 Oct 1864
<u>View Record</u>	Chas D <b>Upchurch</b>	Musician	Confederate	12 Apr 1865
<u>View Record</u>	Chas D <b>Upchurch</b>		Confederate	12 Apr 1865
<u>View Record</u>	Claiborne D <b>Upchurch</b>		Confederate	
<u>View Record</u>	J F <b>Upchurch</b>		Confederate	
<u>View Record</u>	Jas E <b>Upchurch</b>		Confederate	
<u>View Record</u>	Thos <b>Upchurch</b>	Private	Confederate	4 Feb 1864

he Civil War was the first war in American history in which a substantial proportion of the adult male population participated. Almost every American would have known friends, family members, or neighbors who marched off to war, many never to return. The service records of these men, North and South, are contained in the Civil War Soldiers and Sailors System.

#### About U.S., Civil War Prisoner of War Records, 1861-1865

This database contains records relating to Civil War Prisoners of War (POW). The database is comprised of four National Archives (NARA) microfilm series (M1303, M598, M2702, and M918).

Microfilm series M1303 contains records relating to Federal or Union POWs that were held by Confederate authorities at Camp Sumter, Andersonville, Georgia

between February 1864 and April 1865.







# Military Column Continued from Page 14

View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	C H <b>Upchurch</b>	Private	Confederate	4 Feb 1864
<u>View Record</u>	Jno <b>Upchurch</b>	Private	Confederate	5 Oct 1864
<u>View Record</u>	Harvery <b>Upchurch</b>	Private	Confederate	15 Dec
<u>View Record</u>	Chas D <b>Upchurch</b>	Musi-	Confederate	12 Apr 1865
<u>View Record</u>	Calvin <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Thos C <b>Upchurch</b>	Private	Confederate	25 Nov 1863
<u>View Record</u>	H B <b>Upchurch</b>	Private	Confederate	5 Aug 1863
<u>View Record</u>	Thos C <b>Upchurch</b>		Confederate	
<u>View Record</u>	H R <b>Upchurch</b>		Confederate	
<u>View Record</u>	Jno <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	A Calvin <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	A E <b>Upchurch</b>	Captain	Confederate	3 Jul 1863
<u>View Record</u>	Miche <b>Upchurch</b>	Private	Confederate	16 May 1863



Records contained in this series include:

Register of departures of prisoners from Andersonville

Register of admittances to the prison hospital (original and copy)

Register of prisoners confined at the prison hospital

Register of prisoners' deaths and burials (original and copy)

Burial lists of prisoners

Lists of prisoners claiming reimbursement for money taken from them by Confederate authorities

View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	J B <b>Upchurch</b>	Corporal	Confederate	3 Jul 1863
<u>View Record</u>	K <b>Upchurch</b>	Private	Confederate	3 Jul 1863
<u>View Record</u>	T <b>Upchurch</b>	Private	Confederate	3 Jul 1863
<u>View Record</u>	John F <b>Upchurch</b>		Confederate	
<u>View Record</u>	John F <b>Upchurch</b>		Confederate	
<u>View Record</u>	A E <b>Upchurch</b>	Captain	Confederate	3 Jul 1863
<u>View Record</u>	A E Upchurch	Captain	Confederate	3 Jul 1863
<u>View Record</u>	H R <b>Upchurch</b>		Confederate	Camp Chase
<u>View Record</u>	Calvin <b>Upchurch</b>		Confederate	Camp Chase
<u>View Record</u>	Calvin <b>Upchurch</b>	Private	Confederate	Camp Chase
<u>View Record</u>	John <b>Upchurch</b>	Private	Confederate	Camp Chase
<u>View Record</u>	John <b>Upchurch</b>	Private	Confederate	Camp Chase
<u>View Record</u>	Wm <b>Upchurch</b>		Confederate	
<u>View Record</u>	Daniel <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J N <b>Upchurch</b>	Corporal	Confederate	
<u>View Record</u>	John W <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	A E <b>Upchurch</b>	Captain	Confederate	
<u>View Record</u>	J C <b>Upchurch</b>	Private	Confederate	4 Jul 1863
<u>View Record</u>	Calvin <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Joseph <b>Upchurch</b>	Private	Confederate	

Note: Spelling is as the records show.







# Military Column

Provided in association with National Archives and Records Administration



Continued from page 15

View Rec-	Name	Rank	Side	Imprisonment
<u>View Record</u>	T <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J E <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J W <b>Upchurch</b>		Confederate	
<u>View Record</u>	M <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Calvin <b>Upchurch</b>	Private	Confederate	Camp Chase
<u>View Record</u>	Burton <b>Upchurch</b>	First Lieu-	Confederate	4 Jul 1863
<u>View Record</u>	Corlie <b>Upchurch</b>	Sergeant	Confederate	4 Jul 1863
<u>View Record</u>	John <b>Upchurch</b>	Private	Confederate	4 Jul 1863
<u>View Record</u>	H R <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Calvin <b>Upchurch</b>		Confederate	
<u>View Record</u>	Jno <b>Upchurch</b>		Confederate	
<u>View Record</u>	Jno <b>Upchurch</b>	Private	Confederate	6 Oct 1864
<u>View Record</u>	Jno <b>Upchurch</b>		Confederate	
<u>View Record</u>	Chs D <b>Upchurch</b>		Confederate	
<u>View Record</u>	H R <b>Upchurch</b>		Confederate	
<u>View Record</u>	H R <b>Upchurch</b>		Confederate	
<u>View Record</u>	Colin <b>Upchurch</b>		Confederate	
<u>View Record</u>	Calvin <b>Upchurch</b>		Confederate	
<u>View Record</u>	H R <b>Upchurch</b>		Confederate	
<u>View Record</u>	H R <b>Upchurch</b>		Confederate	

View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	C D <b>Upchurch</b>		Confederate	
<u>View Record</u>	C R <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Thomas C <b>Upchurch</b>	Private	Confederate	25 Nov 1863
<u>View Record</u>	T <b>Upchurch</b>	Private	Confederate	3 Jul 1863
<u>View Record</u>	J B <b>Upchurch</b>	Corporal	Confederate	5 Jul 1863
<u>View Record</u>	M <b>Upchurch</b>	Private	Confederate	May 1863
<u>View Record</u>	K <b>Upchurch</b>	Private	Confederate	5 Jul 1863
<u>View Record</u>	C H <b>Upchurch</b>	Private	Confederate	4 Feb 1864

Consolidated monthly strength reports of prisoners (original and copy)

Series of provision returns of the prison hospital

Name index to the original hospital register of admittances

Partial name index to one of the burial lists

Microfilm series M598 contains records relating to Confederate POWs that were held by Federal authorities at various prisons and stations from 1861 to 1865 (with a few records from 1866). These records are arranged in three sections: (1) records of POWs and political prisoners with no specific prison or place of confinement, (2) records of individual prisons and stations, and (3) records of several prisons. Records contained in this series include:

Registers of prisoners

Registers of deaths of prisoners

Registers of prisoners' applications for release and decisions

Descriptive lists of prisoners and deserters

Register of prisoners ordered to be released

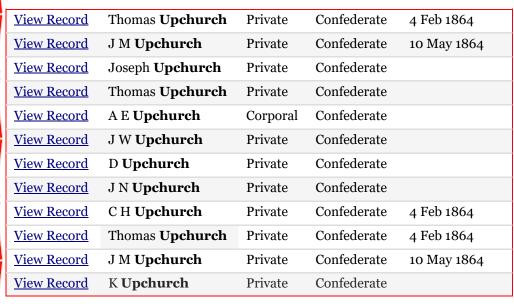
Register of applications made for release of prisoners

Register of unclaimed money and valuables belonging to prisoners



## Military Column

Continued from Page 16



View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	J B <b>Upchurch</b>	Corporal	Confederate	
<u>View Record</u>	A E <b>Upchurch</b>	Captain	Confederate	3 Jul 1863
<u>View Record</u>	C H <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	T <b>Upchurch</b>	Private	Confederate	
View Record	C H <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J M <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J M <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J M <b>Upchurch</b>		Confederate	
<u>View Record</u>	J M <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Jos <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	T <b>Upchurch</b>	Private	Confederate	3 Jul 1863
<u>View Record</u>	Caloin <b>Upchurch</b>	Private	Confederate	5 Jul 1863
<u>View Record</u>	A E <b>Upchurch</b>	Corporal	Confederate	3 Jul 1863
<u>View Record</u>	Joseph <b>Upchurch</b>	Private	Confederate	4 Jul 1863
<u>View Record</u>	Calvin <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	T <b>Upchurch</b>	Private	Confederate	3 Jul 1863
<u>View Record</u>	C <b>Upchurch</b>	Private	Confederate	4 Jul 1863
<u>View Record</u>	Wm <b>Upchurch</b>	Guerilla	Confederate	3 Dec 1863
View Record	J W <b>Upchurch</b>	Private	Confederate	27 Oct 1864
View Record	John <b>Upchurch</b>	Private	Confederate	6 Oct 1864



Register of the effects of deceased prisoners

Permits granted by the Commissary General of Prisoners for clothing for the prisoners

Lists of prison camp records received

Letters sent and received

Numeric report of prisoners received, transferred, paroled, released, and deceased

Register of Confederate and Federal soldiers and civilians sentenced

Register of prisoners discharged and released

Register of prisoners transferred and escaped

Morning reports of prisoners

Ledgers of prisoners' accounts

Microfilm se-

ries M2072 contains lists of Confederate soldiers who were captured at Vicksburg, Mississippi on 4 July 1863. These records are arranged alphabetically by the name of the state each unit was from, then by type of unit, regiment number, and company.

Microfilm series M918 contains a register of Confederate soldiers, sailors, and citizens who died in Federal prisons and military hospitals in the North between 1861 and 1865. The register is generally organized alphabetically by name of prison or hospital and then alphabetically by name of the deceased.

What Information can I Find in these Records?



# Military Column Continued from page 17



View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	Jasper <b>Upchurch</b>	Corporal	Confederate	3 Apr 1864
<u>View Record</u>	C H <b>Upchurch</b>	Private	Confederate	Dec 1862 Camp Douglas
<u>View Record</u>	William <b>Upchurch</b>	Guerilla	Confederate	
<u>View Record</u>	Harry M <b>Upchurch</b>	Private	Confederate	15 Dec 1864
<u>View Record</u>	B J <b>Upchurch</b>	Private	Confederate	12 May 1864
View Record	L <b>Upchurch</b>	Private	Confederate	12 May 1864
<u>View Record</u>	J W <b>Upchurch</b>	Sergeant	Confederate	12 May 1864
<u>View Record</u>	B J <b>Upchurch</b>	Private	Confederate	10 May 1864
<u>View Record</u>	L <b>Upchurch</b>	Private	Confederate	10 May 1864
<u>View Record</u>	J W <b>Upchurch</b>	Sergeant	Confederate	12 May 1864
<u>View Record</u>	Ths <b>Upchurch</b>	Company C	Confederate	
<u>View Record</u>	Carter <b>Upchurch</b>	Company K	Confederate	
<u>View Record</u>	Thomas Upchurch	Company H	Confederate	
<u>View Record</u>	Carter H <b>Upchurch</b>	Company H	Confederate	
<u>View Record</u>	C D <b>Upchurch</b>	Private	Confederate	
View Record	Thomas <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J F <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Jas E <b>Upchurch</b>	Sergeant	Confederate	
<u>View Record</u>	C H <b>Upchurch</b>		Confederate	
<u>View Record</u>	C H <b>Upchurch</b>		Confederate	

View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	Jno T <b>Upchurch</b>		Confederate	
<u>View Record</u>	B <b>Upchurch</b>		Confederate	
<u>View Record</u>	P J <b>Upchurch</b>	Private	Confederate	10 Aug 1864 Camp Morton
<u>View Record</u>	J T <b>Upchurch</b>	Private	Confederate	10 Jan 1864
<u>View Record</u>	J F <b>Upchurch</b>		Confederate	
<u>View Record</u>	J F <b>Upchurch</b>		Confederate	
<u>View Record</u>	J F <b>Upchurch</b>		Confederate	
<u>View Record</u>	Jno F <b>Upchurch</b>		Confederate	
<u>View Record</u>	J F <b>Upchurch</b>		Confederate	
<u>View Record</u>	William <b>Upchurch</b>	Guerrilla	Confederate	
<u>View Record</u>	J M <b>Upchurch</b>	Private	Confederate	3 Apr 1865
<u>View Record</u>	C D <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	W H <b>Upchurch</b>	Private	Confederate	14 Oct 1863
<u>View Record</u>	W H <b>Upchurch</b>	Private	Confederate	14 Oct 1863
<u>View Record</u>	W <b>Upchurch</b>	Private	Confederate	7 Nov 1863
<u>View Record</u>	B J <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J W <b>Upchurch</b>	Sergeant	Confederate	
<u>View Record</u>	D <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	Wm <b>Upchurch</b>	Guerrilla	Confederate	2 Dec
<u>View Record</u>	Wm <b>Upchurch</b>	Guerrilla	Confederate	

The amount and type of information available for an individual will vary according to record types and forms. Each individual's name has been indexed and is searchable in this database. However, additional information such as their rank, company, regiment, state where from, or date of death may be listed on the original document and may be found by viewing the image.

#### **Updates:**

27 Jul 2020: Fields that were not previously keyed, were keyed and added to the collection. The newly added fields may include admission or entry date, name of prison or hospital, location of prison or hospital, date and place of capture, rank, regiment, company and state, date of death, exchange, parole, or release, and location of grave. No new records were added.

Additionally, all records in this database have been transcribed from the National Archives' original documents; alternate names and/or misspellings are recorded as initially documented.

Ancestry US Civil War Soldiers - https:// www.ancestry.com/search/ collections/1138/

National Archives - Home > Research Our Records > <u>Military Records</u> > <u>Civil War</u>

https://www.archives.gov/ research/military/civil-war Free records search.





## Military Column Continued from page 18



View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	William <b>Upchurch</b>	Guerrilla	Confederate	
<u>View Record</u>	m J~M~ <b>Upchurch</b>	Private	Confederate	3 Apr 1865
<u>View Record</u>	C D <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	W H <b>Upchurch</b>	Private	Confederate	14 Oct 1863
<u>View Record</u>	W H <b>Upchurch</b>	Private	Confederate	14 Oct 1863
<u>View Record</u>	W <b>Upchurch</b>	Private	Confederate	7 Nov 1863
<u>View Record</u>	B J <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	J W <b>Upchurch</b>	Sergeant	Confederate	
<u>View Record</u>	D <b>Upchurch</b>	Private	Confederate	
View Record	Wm <b>Upchurch</b>	Guerrilla	Confederate	2 Dec
<u>View Record</u>	Wm <b>Upchurch</b>	Guerrilla	Confederate	
Viory Dog	Name	Rank	Side	Imprison-

View Rec-	Name	Rank	Side	Imprison-
<u>View Record</u>	J W <b>Upchurch</b>	Private	Confederate	27 Oct 1864
<u>View Record</u>	B <b>Upchurch</b>	Private	Confederate	15 Jan 1865
<u>View Record</u>	W R <b>Upchurch</b>	Corporal	Confederate	2 Apr 1865
<u>View Record</u>	Isuma <b>Upchurch</b>	Private	Confederate	2 Apr 1865
<u>View Record</u>	Jasper W <b>Upchurch</b>	Corporal	Confederate	3 Apr 1865
<u>View Record</u>	Allender B <b>Upchurch</b>	Private	Confederate	2 Apr 1865
<u>View Record</u>	W H <b>Upchurch</b>	Private	Confederate	14 Oct 1863
<u>View Record</u>	W <b>Upchurch</b>	Private	Confederate	7 Nov 1863
<u>View Record</u>	J W <b>Upchurch</b>	Sergeant	Confederate	12 May 1863
<u>View Record</u>	B J <b>Upchurch</b>	Private	Confederate	12 May 1863
<u>View Record</u>	L <b>Upchurch</b>	Private	Confederate	12 May 1863
<u>View Record</u>	D <b>Upchurch</b>	Private	Confederate	23 May 1863
<u>View Record</u>	J W <b>Upchurch</b>	Private	Confederate	27 Oct 1864
<u>View Record</u>	B <b>Upchurch</b>	Private	Confederate	15 Jan 1865
<u>View Record</u>	M R <b>Upchurch</b>	Corporal	Confederate	2 Apr 1863
<u>View Record</u>	Ison S <b>Upchurch</b>	Private	Confederate	2 Apr 1863
<u>View Record</u>	Allmder B <b>Upchurch</b>	Private	Confederate	6 Apr 1863
<u>View Record</u>	D <b>Upchurch</b>	Private	Confederate	23 May 1864
<u>View Record</u>	J W <b>Upchurch</b>	Private	Confederate	27 Oct 1864
<u>View Record</u>	Jasper N <b>Upchurch</b>	Corporal	Confederate	3 Apr 1865

#### Source Information

Ancestry.com. U.S., Civil War Prisoner of War Records, 1861-1865 [database on-line]. Provo, UT, USA: Ancestry.com Operations Inc, 2007. Original data:

- Selected Records of the War Department Commissary General of Prisoners Relating to Federal Prisoners of War Confined at Andersonville, GA, 1864 -65; (National Archives Microfilm Publication M1303, 6 rolls);
- Records of the Commissary General of Prisoners, Record Group 249; National Archives, Washington, D.C.
- Selected Records of the War Department Relating to Confederate Prisoners of War, 1861-1865; (National Archives Microfilm Publication M598, 145 rolls); War Department Collection of Confederate Records, Record Group 109; National Archives, Washington, D.C.
- Lists of Confederates Captured at Vicksburg, Mississippi, July 4, 1863; (National Archives Microfilm Publication M2072, 1 roll); War Department Collection of Confederate Records, Record Group 109; National Archives, Washington, D.C.
- Register of Confederate Soldiers, Sailors, and Citizens who Died in Federal Prisons and Military Hospitals in the North, 1861-1865; (National Archives Microfilm Publication M918, 1 roll); Records of the Office of the Quartermaster General, Record Group 92; National Archives, Washington, D.C.





## Military Column Continued from page 19



View Record	Name	Rank	Side	Imprisonment
View Record	B J <b>Upchurch</b>	Private	Confederate	12 May 1864
<u>View Record</u>	S <b>Upchurch</b>	Private	Confederate	12 May 1864
<u>View Record</u>	J W <b>Upchurch</b>	Private	Confederate	12 May 1864
<u>View Record</u>	Wm <b>Upchurch</b>		Confederate	
<u>View Record</u>	W R <b>Upchurch</b>	Corporal	Confederate	
<u>View Record</u>	Benj <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	A B <b>Upchurch</b>	Private	Confederate	
View Record	J S <b>Upchurch</b>	Private	Confederate	
View Record	W H <b>Upchurch</b>	Private	Confederate	11 Oct 1863
View Record	W H <b>Upchurch</b>	Private	Confederate	14 Oct 1863
View Record	W <b>Upchurch</b>	Private	Confederate	7 Nov 1863
View Record	W <b>Upchurch</b>		Confederate	
<u>View Record</u>	I W <b>Upchurch</b>		Confederate	
<u>View Record</u>	Benj <b>Upchurch</b>		Confederate	
<u>View Record</u>	Leon <b>Upchurch</b>		Confederate	
<u>View Record</u>	J W <b>Upchurch</b>		Confederate	
View Record	Benj <b>Upchurch</b>		Confederate	
<u>View Record</u>	Leon <b>Upchurch</b>		Confederate	
View Record	Benj <b>Upchurch</b>		Confederate	
View Record	B J <b>Upchurch</b>		Confederate	

View Record	Name	Rank	Side	Imprisonment
<u>View Record</u>	L <b>Upchurch</b>		Confederate	
<u>View Record</u>	I W <b>Upchurch</b>		Confederate	
<u>View Record</u>	L Upchurch		Confederate	
<u>View Record</u>	L <b>Upchurch</b>		Confederate	
<u>View Record</u>	H A <b>Upchurch</b>	Private	Confederate	
<u>View Record</u>	D <b>Upcherch</b>	Private	Confederate	23 May 1864
<u>View Record</u>	H <b>Upcherch</b>		Confederate	
<u>View Record</u>	Benj <b>Upchirch</b>	Private	Confederate	
<u>View Record</u>	H A <b>Upschurch</b>	Private	Confederate	
<u>View Record</u>	Jasper M <b>Upschurch</b>	Corporal	Confederate	3 Apr 1863

# Related data collections

#### <u>U.S., Confederate Soldiers</u> <u>Compiled Service Records,</u> 1861-1865

This database contains an index to compiled service records (CSRs) for soldiers who served with units in the Confederate army. Most of the men whose names appear in this index served with units from 15 different states or territories; others were soldiers raised directly by the Confederate government, generals and staff officers, and other enlisted men not associated with a regiment.

# U.S., Union Soldiers Compiled Service Records, 1861-1865

This database contains an index of compiled military service records for volunteer Union soldiers who served with units organized in more than 20 states and territories, including states in the Confederacy. This index also includes Confederate soldiers who later served with the Union Army.

#### <u>U.S., Civil War Soldiers, 1861</u> -1865

This database contains the names of approximately 6.3 million soldiers who served in the American Civil War. In addition to their names, information that may be listed for each soldier includes regiment, company, and rank.

#### All Military in the Card Catalog

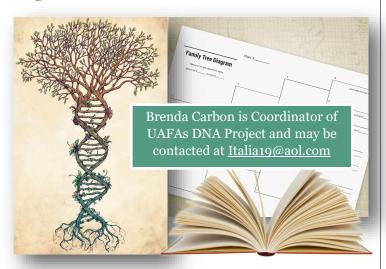


# THE NEW SIDEVIEW™ FEATURE IN ANCESTRY®

## DNA CONNECTIONS By Brenda Carbon

ncestry recently launched a new tool called SideView. This tool predicts the ethnicity estimates from each of your parents regardless of whether your parents had their DNA tested in Ancestry. This takes your ethnicity estimates to a new level by helping to answer questions like, "I wonder which side of my family my Greek ancestry comes from?" This is an exciting and fun, but cautionary tool as are all ethnicity estimating tools.

How were they able to accomplish this? Ancestry has a database of over 22 million testers with over 68,000 reference samples from various regions. Reference samples come from people who are native to a place or group based on their proven family history and DNA confirmation of their ethnicity.





# Ethnicity inheritance

Overview Share

Parent 1 Parent 2

You

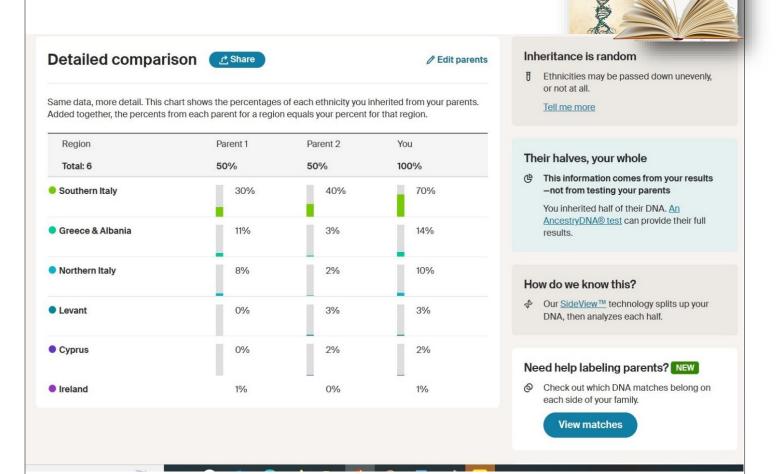
Select one or more regions to highlight.

All Southern Italy Greece & Albania Northern Italy Levant Cyprus Ireland





#### THE NEW SIDEVIEW™ FEATURE IN ANCESTRY®



To access this feature, select DNA Story from the DNA menu. On the right side, scroll down to the ethnicity inheritance. You can select the "View Breakdown" button for additional information and also to identify your parents on each side. A note of caution on the matches by parent and the unassigned matches. Viewing these subsets of matches can be confusing, incomplete, and even wrong especially if you have endogamy in your family. Endogamy is when marriage occurs within the same family, clan, religion, or culture group. There is a good amount of endogamy in many of the Allied Families. Depending

on what you find, DNA matches by parent may be more confusing than helpful. In that case, rely on other tools such as shared matches, reviewing trees and hints (the green leaves) and Thrulines® to identify which side of the family each match originates from.

Let's look at a case study as an example. The DNA sample is from a first generation American whose parents are from Italy. His father was born in Italy to Italian parents and his maternal grandparents were born in Italy so the DNA sample is from someone that has an Italian heritage on both sides of

his family and has been researched back to second great grandparents on several lines and to at least grandparents. Before SideView, this tester identified as 14% Greece/Albania ancestry. This is a surprise and needs to be investigated. When SideView became available, the majority of the Greece/Albania ancestry, 11%, was on his maternal line. This helps narrow down the research priorities. With 11%, this could mean ancestry back to the first or second great grandparent level. His maternal branch of the family tree traces back to lines, all born in Italy. Three lines are back to great, great grandparents, one line to great

#### THE NEW SIDEVIEW™ FEATURE IN ANCESTRY®

Continued from page 3

grandparents and one line only to grandparents, the Esposto surname line. There are known matches with cousins on the Esposto line who have not found any earlier ancestors either, but the next step is to check with them to see if there is Greek ancestry on their Esposto side of the family. Do this by checking with them or have them share their ethnicity and their SideView with you. So now there is a more targeted plan for research based on the information from SideView.



In closing, the science of ethnicity continues to improve and your ethnicity estimates can change over time so check back periodically on your DNA story and ethnicity. Don't take ethnicity too seriously, but as you see, it can lead to some new explorations and findings. Happy researching!

Brenda



HOME CONTACT

ABOUT THE MURPHY STORY

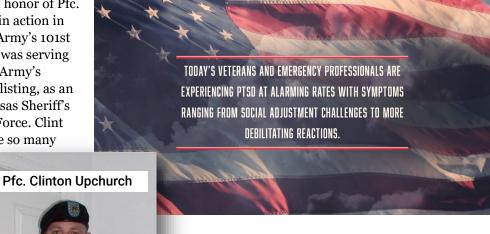
GET INVOLVED THE HEART OF A WARRIOR FILM

**ANNUAL GOLF TOURNAMENT** 

Our goal is to help military personnel and their dependents with the healing, resources, and skills necessary to make a successful transition from the military culture to the civilian culture.

The foundation was established in honor of Pfc. Clinton Upchurch who was killed in action in 2006 while serving in Iraq in the Army's 101st Airborne Division. Clint's passion was serving others whether it was for the U.S. Army's "Screaming Eagles" or, prior to enlisting, as an officer for the Finney County, Kansas Sheriff's Department or for the DEA Task Force. Clint gave the ultimate sacrifice, but like so many

others who have served or who are serving, he experienced the negative physical and psychological effects of war prior to his death. Clint's approach to overcoming challenges came through teamwork; and in that same spirit, the Upchurch Foundation takes a holistic approach to the healing and the restoration process.



MORE ABOUT CLINT UPCHURCH

UPCHURCH FOUNDATION
(UPCHURCHFOUNDATIONS.COM)

# Upchurch receives 'Friend of Kentucky Cities' award

Commonwealth Journal - Dec 27, 2022

Monticello Representative Ken Upchurch was awarded a 2022 Friend of Kentucky Cities plaque by the Kentucky League of Cities.

KLC Director of Public Affairs Bryanna L. Carroll, Executive Director/ CEO James D. Chaney, and President and

Southgate Mayor Jim Hamberg presented Upchurch with the award. The KLC Board of Directors named Representative Upchurch a 2022 award winner for helping secure the final passage of Senate Bill 152 during the 2022 Regular Session of the General Assembly.

"Senate Bill 152 helps cities that wish to shift solid waste service to a private company to do so more efficiently," Carroll remarked. "It will help ensure citizens have the best available service. The House of Representatives unanimously passed the bill, thanks to the support of Representative Upchurch. We thank him for carrying the measure and for his support throughout the 2022 session."

"Since I have been in the legislature, I have understood that local governments and cities are the backbone of this state," Upchurch said. "Kentuckians benefit when all branches and levels of their government work together."

Chaney thanked Representative Upchurch for his willingness to work with city officials. "We thank Representative Upchurch and all



the legislators who understand the vital role cities play in the future success of the commonwealth," he stated.
"Cities are the heart of Kentucky, and the officials elected to lead at the local level must have the tools necessary to build healthy and vibrant communities."

Founded in 1927, the Kentucky League of Cities is a membership association of more than 370 cities across the commonwealth. KLC presents the "Friend of Kentucky Cities" award to legislators who perform outstanding work advocating for issues important for cities across the state.

Note: Representative Ken Upchurch descends from the George Clan

#### Rep. Ken Upchurch presented Legislative Achievement Award by car dealer group

By CARLA SLAVEY Commonwealth Journal Aug 28, 2020

Representative Ken Upchurch was honored by the Kentucky Automobile Dealership Association (KADA) for his work in helping pass legislation championed by the business association.

Upchurch was presented

the Legislative Achievement Award Friday morning at Don Franklin Chevrolet, Buick and GMC, by Don Franklin General Manager and KADA Treasurer Joe Cummins, along with KADA President Gay Williams.

Cummins called Upchurch an advocate for the car dealership industry and a friend to KADA. Among Upchurch's work was the passage of the military vehicle tax exemption legislation, allowing Kentucky residents who are currently non-residents due to military service to have vehicle tax waived on their purchases.

Cummins pointed out that such laws benefit not only dealers but the consumers as well

"It takes our legislators, like Ken, to keep

everything going in the right direction," Cummins said.

Upchurch thanked KADA for the recognition. "I appreciate their involvement in representing not only the dealers across the state, but doing things that protect the consumer and keeping myself and other legislators informed on the things that's important to them."

Williams said the award is given out "judiciously" on an as-needed basis, rather than awarded at specific times. "We want to recognize the legislators that really are, we feel, beneficial to our industry but also beneficial to the commonwealth of Kentucky," she said.

Upchurch is the representative of the 52nd district, which covers Wayne and McCreary counties and part of Pulaski.



# In Pursuit of Dorothie: The Lost Colony Ship by Donald Paul Upchurch

By Paul Nielsen Staff Writer The Daily Advance

# The Daily Advance

#### Where is Dorothie?

Author Lucy Daniels believes what remains of the only ship left behind with English settlers of the Lost Colony is sitting along a creek near the Great Dismal Swamp in Gates County.

In 1587, 117 English men, women and children came ashore on Roanoke Island to establish a permanent English settlement in the New World. Just three years later in 1590, when English ships returned to bring supplies, they found the island deserted with no sign of the colonists.

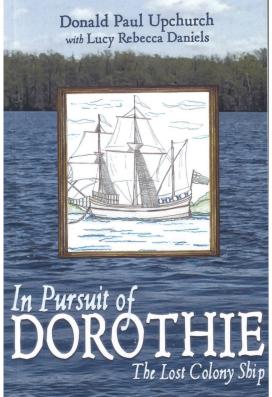
The 50-ton Dorothie and four smaller boats were left behind for the settlers when John White went back to England for supplies. White was supposed to return in a year but it took three years before he came back to Roanoke Island.

But like the settlers, no trace has ever been found of the four vessels.

Daniels said research started by her late husband, Don Upchurch, in 1966 points to most of the settlers using the Dorothie and three of the smaller boats to leave Roanoke Island in search of an inland water route to Chesapeake Bay.

Daniels and Upchurch coauthored the book "In Pursuit of Dorothie: The Lost Colony Ship."

Daniels said Upchurch became



Roanoke Island 1585 Photo by Photo Researchers Fine Art America



interested in the fate of the Dorothie and the English settlers after interviewing Hertford County historian F. Roy Johnson in 1966. Upchurch was a long-time radio broadcaster and historian in Bertie County before passing away in 2015 at age 68.

Johnson told Upchurch the story of the "Dismal Swamp Schooner," a boat that was discovered in the swamp in the 1800s near Merchants Millpond in Gates County.

"There is a ship at the (southern) end of the Dismal Swamp," Daniels said. "A ship was found in a very decayed state, however very well preserved. How did it get there?"

What made the Dorothie unique was that it had a copper bottom, Daniels said. Research by Upchurch later revealed that Sir Walter Raleigh, who organized the settlement of Roanoke Island, invented the cooper-bottom ship.

When White did not return as planned to Roanoke Island, Daniels believes the Dorothie and some

> of the Lost Colony settlers traveled up the Albemarle Sound and into the Chowan River. She believes instead of going further up the Chowan the Dorothie and two smaller boats instead went up Bennetts Creek, possibly believing it was the river.

Taking an inland waterway to Chesapeake Bay instead of an ocean route was the safest option for the settlers, Daniels said.





#### In Pursuit of Dorothie: The Lost Colony Ship Continued from page

"They were left with a map, they were left with very specific instructions to go to Chesapeake," Daniels said. "They were doing what they were told to do. They were told to go north and that creek goes north."

Daniels believes that storms at the time resulted in water levels in the and the water would have been high," Daniels said. "There is a copper-bottom ship there (on Bennetts Creek). It was seen in the 1800s and by people after that."

Daniels said some "history buffs" saw an image in the area on Google Maps in 2007 that looked like a ship.

"They got permission to look around

Daniels does believe other Lost Colony settlers went to what is now Hatteras Island and to Salmon Creek in Bertie.

"It is our belief that some of them did go to Hatteras, they had connections down there but they had 118 souls and the community down there could not support them,"







Lucy Daniels, co-author with her late husband Don Upchurch of the book "In Pursuit of Dorothie: The Lost Colony Ship," speaks to a "History for Lunch" audience at Museum of the Albemarle, Wednesday. Daniels believes the wreckage of one of the Lost Colony ships lies near the Great Dismal Swamp in Gates County.

Paul Nielsen/The Daily Advance

creek rising enough to allow the Dorothie to proceed up Bennetts Creek.

"They had just had two hurricanes

but they couldn't find anything," Daniels said. "That area is wooded, swampy, thick. It is very hard to locate." Daniels said. "They probably did take a boat down there because it would be a good lookout point for ships going past there."





Continue reading about Don Upchurch next page

## A Little More About Donald P. Upchurch, Sr. & Family

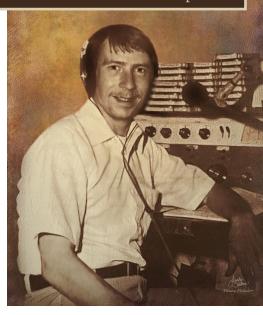
AHOSKIE – Donald Paul Upchurch, Sr., age 68, passed away peacefully at his home on his beloved Chowan River.

He was an Ahoskie native, born on February 9, 1947 to the late H. W. and Kate Brett Upchurch and spent his broadcast career serving the Roanoke-Chowan area. He loved our local history and entertained us all with his trivia questions. He truly was the voice of Ahoskie and his radio career spanned 54 years. Don was a pilot and loved the sky. He wrote two books, the latest titled "Dorothie" concerning factual history of the Lost Colony. It can be found at the local library in audio format.

Along with his parents, he was preceded in death by his sister, Sandra Diane Simon; and brother, Gerald W. Upchurch.

Left to cherish Don's memory is his wife, Lucy; two daughters, Dee Dee Upchurch Morrison and her husband Jeff of Wildwood, MS, and Angie Skye Upchurch of Kill Devil Hills, NC; three sons, Maurice Levi and his wife Rachel of Cincinnati, OH, Donald Paul Upchurch, Jr. of Raleigh, NC, and Johnathan Lee Upchurch of Greenville, NC; along with several grandchildren and great grandchildren. Lucy's children, Rebecca and Mitchell Ayers and Robert and Darl Jordan and grands, loved Donald Duck too. Clear Skies for you my love, love Lucy

Donald P Upchurch, (1947-2015) descends from Clan I — Moses Upchurch



A graveside service celebrating Don's life was held on Sunday, October 18, at Ahoskie Cemetery, Ahoskie, NC.

## Risk of Autism Associated With When and Where Forebears Lived

13 Jan 2023 By Anonymous

Where your ancestors lived can cause Autism? That seems ridiculous but a recent study by University of Utah Health scientists found a connection:

University of Utah Health scientists, using a unique combination of geographic and population data, recently concluded that when and where parents and grandparents of Utah children were born and raised could contribute to an increased risk of autism among their offspring.

The scientists think this new approach could be used to explore time and space aspects of any disease where family pedigree information is available. The study, published in the International Journal of Health Geographics, is among the first to assess the influence of time and space (when and where) across generations on the increased risk of autism.

In time, the researchers say, this finding could lead to the identification of environmental factors, such as exposure to pollutants, that could have disruptive effects on genetic information passed between generations.

"Looking back at families and where and when they lived helped us detect clusters of individuals who seem to have a higher subsequent risk of autism among their descendants," says James VanDerslice, an environmental epidemiologist in the Division of Public Health at U of U Health and senior author of the study.

"Knowing that the parents and grandparents of these children with autism shared space and time brings us closer to understanding the environmental factors that might have influenced this health outcome."

You can read more in an article published in the neurosciencenews.com web site at: <a href="https://neurosciencenews.com/autism-location-time-22242/">https://neurosciencenews.com/autism-location-time-22242/</a>.





# **Tarheel Boys**



# Woody Upchurch

Jefferson Woodrow "Woody" Upchurch Sr. is the great uncle of UAFA Director, Mike Upchurch of Raleigh, NC.

Woody Upchurch was a star pitcher in the semipro leagues that flourished in North Carolina before World War II. He shined for teams like the Ayden Aces and the Dr. Pepper Bottlers. Not so much, though, for the Philadelphia Athletics. He pitched 10 games over two seasons for the American League club, gave up almost eight runs a game, and was back in Ayden.

Jefferson Woodrow was born in 1911 near Buies Creek in Harnett County, one of Jeff Davis and Virginia Upchurch's eight children. His father was a farmer and prominent merchant in town.

Upchurch attended Buies Creek High School and Campbell Junior College, a local school that's now a university. He played baseball and football there. After graduating in 1930, he pitched for several independent clubs in the basement of the minor leagues in Oklahoma, West Virginia, and Mississippi before graduating in 1932 to the Class B Bulls in Durham, North Carolina.

Connie Mack, manager of the last-place Athletics, was desperate for pitching when he signed Upchurch, the lefty ace of Ayden, North Carolina, at the end of the 1935 season. Considering his previous competition consisted primarily of shopkeepers and farmers, the rookie had a decent outing in his debut at Shibe Park in Philadelphia on Sept. 14. He pitched a complete game, giving up three earned runs in a 4-2 loss to the Chicago Cubs. Upchurch appeared in nine more game

Note: Woody & Mike Upchurch descend from the Jubal Upchurch Clan VI

stretching into the next season and was released in May 1936. He was back with the shopkeepers and farmers in Ayden within a week.

Upchurch was driving through Dunn, North Carolina, that October when a truck hauling bricks slammed into his car. He broke several ribs and his left arm, said the newspapers, was "badly mangled." He recovered, but his pitching days were over.]

He managed semipro clubs for a couple of seasons before retiring to his farm near Buies Creek in 1940.

He and his wife, Agnes, had one child, Woodrow Jr., who became a prominent agricultural writer whose stories and columns ran in newspapers across the state.

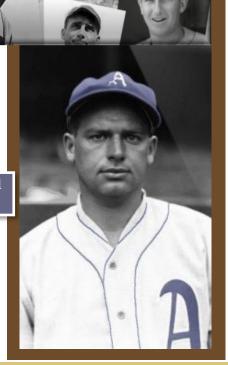
Upchurch died in 1971 from complications of throat cancer.



Author, Frank Tursi is a retired newspaper journalist (35 years) and a lifelong N.Y. Yankees fan.

Go <u>here</u> to learn more

about him and his site. More than 400 North Carolina natives have played in the major leagues. All have stories to tell. You'll find them on his site, Tarheel Boys of Summer.



**Primary Position:** Starting pitcher **Birthplace:** Buies Creek

First, Middle Names: Jefferson

Woodrow

Date of Birth: April 13, 1911 Date and Place of Death: Oct. 23, 1971,

**Buies Creek** 

Burial: Buies Creek Cemetery, Lil-

lington, NC

**High School:** Buies Creek High School, Buies Creek **College:** Campbell University,

Buies Creek

Bats: R Throws: L Height and

Weight: 6-0, 180

Debut Year: 1935 Final Year:

1936 **Years Played:** 2 **Team and Years:** Philadelphia

**Athletics**, 1935-36

**Career Summary** 

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# Family discovers Raleigh house used to be owned by beloved mayor WKAF COM



#### WRAL contributor Crissy Fishbane's home used to be owned by Avery C. Upchurch

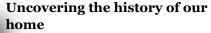
RALEIGH, N.C. — We never know who has lived in and used our space before us. A home can hold so much history. I recently took a trip down the rabbit hole of learning about my home's history and am happy to report it did not disappoint.

though he is often simultaneously recognized as a mayor of the people.

Mayor Upchurch and his family lived in our little unassuming, quirky brick ranch house in northwest Raleigh for the duration of his mayorship.

#### A beloved Raleigh mayor

our home, I quickly learned that the slightest breeze would blow every leaf within a quarter mile radius into the carport. I promise, that's only a slight exaggeration. Unfortunately, it would appear I am not as diligent about the leaves as Mrs. Upchurch, though I give it a valiant effort.



A few years ago we began the process of renovating our basement. We are mostly DIY'ers, so every house project tends to take us a long time to actually complete.

In the process of tearing down some walls and removing a large built-in storage closet in the basement, we came across a massive pile of news clippings. They were articles that Upchurch had been featured in during his mayorship.



#### Our home's former resident

I knew when we first bought our house over a decade ago that it had once been owned by the former Mayor of Raleigh, Avery C. Upchurch (December 22, 1928 -June 30, 1994). Many may recognize his name from the Municipal Complex buildings located in downtown Raleigh which house the headquarters of the Raleigh city government.

Upchurch served as mayor of Raleigh from 1983 to 1993, the longest term of office for any Raleigh mayor in the 20th century. His tenure corresponded to a period of rapid growth for the city,

I'd heard some fun stories about the former mayor from several neighbors, including longtime residents who lived in the neighborhood at the same time as Mr. Upchurch.

For example, one neighbor shared that many local big-wigs regularly met in our basement and backyard, smoking cigars and talking business. It's a great backyard for hosting, so I could easily picture these get-togethers. All of a sudden, our little home just felt a tiny bit cooler.

Another neighbor told me that he would see Upchurch's wife, Margaret, sweeping out the carport every single afternoon. I immediately understood Margaret's plight. Upon moving into



I pored over the articles and became more and more enamored with the man that used to inhabit our home. Eventually, I decided to dig in more and discovered the Avery Council Archives featuring various news stories printed in the Raleigh News and Observer during his tenure.



# Family discovers Raleigh house used to be owned by beloved mayor



Continued from page 29

Some of my favorite stories and vignettes from the archives include:

"Avery was the kind of person who everybody liked," said Clay Rhodes, a plans examiner in the city's inspections department. "It didn't matter if you worked in the mail room or emptied the trash or cleaned the bathroom. Avery had time for you, and in most cases knew you by your first name."

Avery C. Upchurch was a charismatic, easy-going, down-to-earth man. He was always smiling. He regularly brought candy to the people in the office.

When Raleigh garbage collectors failed to pick up a woman's trash, she complained to Mayor Avery C. Upchurch. He drove to the woman's house and picked up the garbage himself.

Chapman recalled that a few years ago, his daughter, who was 12 at the time, had told Upchurch that the city should have a movie theater located downtown on Fayetteville Street Mall. Chapman said both he and his daughter were taken aback when Upchurch wrote a detailed letter explaining why that might be difficult. "He took the time to write a letter to a 12-year-old. That's the kind of person he was," Chapman said.

"He earned the title of Raleigh's drivein mayor," said his friend G. Wesley Williams, former executive director of the Raleigh Merchants Bureau. "You could drive into the service station and have a conference with the mayor without having an appointment, and he always had time to talk."

\*Note: Upchurch owned and operated two gas stations in Raleigh

On Christmas Day 1983, during an unusually bitter cold spell, police found a man had frozen to death outside a downtown building. As soon as he heard it, Mr. Upchurch stopped his own Christmas Day observance with his family and came downtown to see what he could do.

Sadly, within months of retiring as mayor, Avery C. Upchurch was diagnosed with cancer of the esophagus and died on June 30, 1994, at the age of 65.

Honoring our home's history

It still gives me a sense of awe to think of how much time the former mayor spent in our home alongside other local politicians working to make things happen for his beloved city.

I am planning to frame a few of the newspaper clippings we found buried under the storage closet in our basement. I love the idea of having a small piece of our home's history hanging on the wall. I am also excited to honor the man that gave so much of his life to serving the city of Raleigh and its residents.

Avery C. Upchurch will always have a place in our home, the house he loved so very much.

Crissy Fishbane is the cofounder of HER Health Collective, a supportive community and resource hub for moms. She is a certified therapeutic exercise specialist, personal trainer, wellness coach, and former highschool psychology teacher. Crissy believes in a holistic approach to women's health and is a strong advocate of improved screening and treatment of perinatal mood disorders. She is passionate about building a supportive community for moms where they can make genuine connections and build authentic relationships. Crissy is a regular Go Ask Mom contributor.

Note: Avery C. Upchurch descends from the Nathan Upchurch Clan

**Avery Council Upchurch** (December 22, 1928 – June 30, 1994) was Mayor of Raleigh, North Carolina from 1983 to 1993. His term in office was the longest of any mayor of Raleigh in the 20th century and corresponded to a period of rapid growth of the city.

Upchurch was born in Wake County, North Carolina and moved to Raleigh as a teenager. He operated two filling stations in the city before entering politics. Having served on the Planning Commission and on Raleigh City Council prior to election as Mayor, his administration focused on expansion of infrastructure such as: streets, water supply and sewage treatment, curbside recycling, downtown parking, the Alltel Pavilion at Walnut Creek, renovation of Raleigh Memorial Auditorium (now incorporated in the Progress Energy Center for the Performing Arts), planning for the expansion of the Raleigh Convention Center, and initial study of a new sports arena later built as the RBC Center.

He was noted for his unpretentious style and his consensus approach to problem solving.

Upchurch elected not to run for a sixth term. Within months of retiring from office, he contracted cancer and died. The headquarters of Raleigh city government was subsequently renamed the Avery C. Upchurch Government Complex in his honor.



# Heritage Recipes

# UPCHURCH REUNION TRADITIONAL COUNTRY SAUSAGE GRAVY

1 lb. breakfast sausage (country style with sage and seasonings)

4 T. flour

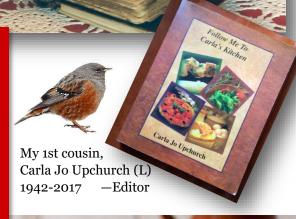
2 C milk

Salt and pepper to taste

1/8 tsp. granulated garlic

Brown the sausage in a 9 inch or 10 inch frying pan. No need to add grease to the pan, sausage makes its own. Pour off the excess fat, leaving about 1/4 C. in pan. Add the flour stirring constantly; Cook for 3-4 minutes. Add garlic, salt and pepper. Stir to mix well. Add milk and continuing stirring as mixture thickens. If it is too thick, add milk a little at a time. If it appears too thin, cook on low heat an additional 5 minutes, stirring occasionally, until the gravy is the consistency you desire. Reduce heat to simmer and cook for another 5-6 minutes, stirring often. Serve over your favorite biscuits. This breakfast pleases nearly everyone.









At the annual Upchurch reunion (Clan 14, John U. III), descendants of Wm Brady Upchurch (1884-1963) and Dora Malinda Jane Church (1889-1945) and their 8 children, gather to share a weekend of fun and catching up with one another. Saturday mornings *Country Sausage Gravy* and homemade biscuits are a huge hit. The recipe appears in the cookbook called Follow Me to Carla's Kitchen by Carla Jo Upchurch. Sadly Carla Jo passed away in 2017 but Ellie Liberg (wife of grandson, John,/son of Jean Upchurch Liberg/dau of the above Brady & Dora U.) has continued the tradition of making our favorite dish. I know everyone appreciates that!