

EDITOR'S DESK

HAPPY NEW YEAR!

What's going on in this issue you ask?

In the article ***Outline of Stephen Upchurch, Subclan of the John Upchurch III Clan (Clan No. 14)***, founder, Dr. Phil Upchurch gives us a book report, that is packed with Upchurch information and history of our emigrant ancestor Michael Upchurch I.

And in Dr. Phil's words in *Colonial America and the Upchurch Family* the focus is on what is known of Frances Upchurch, wife of Michael I.

Just for fun, see what the article "*Why Some Believe Personality Can Be Predicted From Blood Type*" says about your personality!

UAFA's **CHALLENGE MATCH FUNDRAISING CAMPAIGN** to celebrate its 10th Anniversary is over, but it's never too late to sign up for a membership, gift membership, or donate on behalf of a loved one who has passed, like I did (in my beautiful mothers name).

Send me stuff! I need ideas for future newsletters, stories, family tales, photos and such!

Thank you to Linda Upchurch Sparks for a story she was introduced to and passed along—about the loving mom who spearheaded Purple Alerts.

Cindy Hale



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UFAA NEWS & INFORMATION

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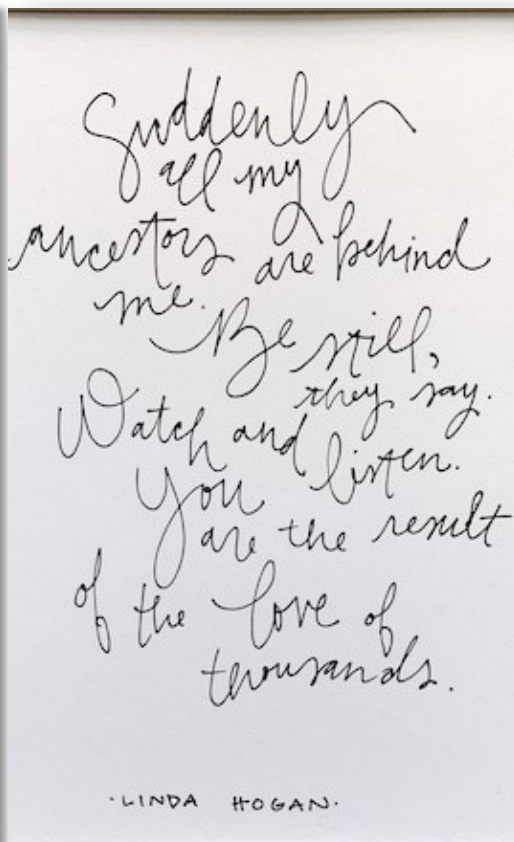
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Over 35 videos featuring founder **Phil Upchurch** telling family stories, along with UFAA President, Dr. Tom Upchurch. These are available and FREE to all. [https:// www.youtube.com](https://www.youtube.com)

You Tube After opening YouTube, enter "Upchurch and Allied Families" into the search box. This will open the UFAA channel and display the videos.



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UAFA NEWS & INFORMATION

Continued from page 2

DID YOU KNOW ??

UAFA has launched A CHALLENGE MATCH FUNDRAISING CAMPAIGN to celebrate its 10th Anniversary on October 10, 2023!

Help us continue to preserve our collective family history now! These are the stories of families that embody the American experience! They are a priceless gift to the future!

Dear UAFA Supporter –

UAFA, with your financial support, continues to build an impressive track record of digitizing the amazing work of Dr. Phil Upchurch, our founder, along with an incredible new body of work under the inspiring leadership of Dr. Tom Upchurch, documenting and preserving (your) family history including:

- ✓ Upchurch and Allied Families Trees in Ancestry.com—The names and genealogy of 196,974 UAFA
- ✓ ancestors along with 640,000 supporting documents

Alliedfamilies.com webpage—Digital copies of thousands of pages of original genealogy research by Dr. Phil Upchurch and much more

✓ Upchurch Stories on YouTube – Thirty-four 10 to 14 minute videos featuring our master storyteller, Dr. Phil Upchurch

✓ The UAFA Newsletter – Published monthly for many years. The January and July editions are 20 or more pages, some include reports of original research.

✓ Social media – Our UAFA Facebook continues to grow with around 400 active members.

✓ The UAFA Library – A comfortable work space for UAFA, DAR and other volunteers and archive for hundreds of books and other paper-based genealogy-related material.

This preservation work involves hundreds of hours of detailed research, linking and supporting family history, and has been made possible due to your continued generosity, thereby inspiring others to support the mission of UAFA. Through wise stewardship, UAFA has stretched available resources and minimized expenses to the greatest extent possible – but, we still have basic operational ex-



penses that must be covered to continue the mission.

Today, in honor of our 10th Anniversary, we are asking you to please consider making a generous gift in support of the UAFA 2023 Challenge Match Fundraising Campaign.



UAFA's CHALLENGE MATCH FUNDRAISING CAMPAIGN to celebrate its 10th Anniversary is over, but it's never too late to sign up for a membership, gift membership, or donate in the name of a loved one.



Woody

To contribute to UAFA use any of the modes noted below. You can choose to give to the UAFA Endowment, the UAFA Operating Fund or both. Please let us know your preference. UAFA is a 501(c) 3 non-profit organization.

Until January 13, 2024, contributions will be matched 1:1 for up to \$15,000.

1) Send check to UAFA, PO Box 3856, Chesterfield, MO 63006

2) Pay online using a credit card or PayPal: go to alliedfamilies.com then select "donate to UAFA"

3) For questions contact Jay Buck, UAFA Office Manager. Email-- jay@alliedfamilies.org Phone -- 636-346-9165





Unchurches in the News

Compiled by Jay Buck



BAD AFFAIR AT McDONOUGH.

One Killed, One Fatally Wounded and Two Badly Hurt.

McDonough, Ga., Oct. 2.—In a desperate fight that occurred here this morning between T. J. Upchurch, his sons Victor and Charley Upchurch on one side, and Willis Goodwin, Jr., and Mac Goodwin on the other, Charley Upchurch was instantly killed, Willis Goodwin probably fatally wounded and T. J. Upchurch and his son Victor painfully hurt. The only eye witnesses to the tragedy were the participants and they refuse to give the cause of the difficulty. The coroner's jury to-night decided that Charles Upchurch had been killed by his brother. The participants are well known in the county.

—The Savannah Morning News

In 1901, a fight erupted between members of Thomas Jasper Upchurch's family, on the one side, and brothers Willis and Mack Goodwin on the other side, at the Upchurch store in McDonough, GA. According to a coroner's inquest, during the melee Charlie Upchurch was shot and killed by his brother James Virgil. What led to the confrontation is unknown, although it is interesting to note that the Goodwin brothers appeared in the 1900 US Census as boarders in the household of Thomas Jasper Upchurch. — Thomas Jasper was a descendant of Richard III, head of Upchurch Clan #4.

CHARLIE UPCHURCH IS SLAIN AT M'DONOUGH

Shot in Desperate Fight in His Father's Store Yesterday Morning.

CORONER'S JURY DECIDES HE WAS KILLED BY BROTHER

Battle Was Between the Three Upchurches On One Side and Two Men Named Goodwin On the Other—One of the Goodwins Shot.

McDonough, Ga., October 2.—(Special.)—In a desperate fight that occurred here this morning in the store of T. J. Upchurch between T. J. Upchurch, his sons Victor and Charley Upchurch, on one side, and Willis Goodwin, Jr., and Mac Goodwin on the other, Charley Upchurch was instantly killed, Willis Goodwin was fatally wounded, Goodwin receiving two shots from a Smith & Wesson pistol. One of the balls entered his body to the left arm and the other to the right arm and the back and just under the breast or back and passed through the entire body. The only eyewitnesses to the difficulty were the participants, and it is impossible at this hour to get any information as to the cause of it.

Killed Accidentally by Brother.
The coroner's jury empaneled to investigate the killing of Charlie Upchurch returned a verdict this afternoon about 6 o'clock finding that he came to a death from a wound inflicted by a pistol in the hands of his brother, Victor Upchurch.

It was at first thought that Willis Goodwin killed Charlie Upchurch with a baseball bat, but the investigation this afternoon developed the fact that a pistol ball killed him.

There is no change in the condition of Goodwin, and very little hope is entertained for his recovery.

The affair is deeply regretted by everybody in McDonough. All parties interested are well known in Henry county. T. J. Upchurch has been a merchant here for many years and is also the proprietor of the Forest hotel. Charley Upchurch was his second son and was just about twenty-one years of age. The Goodwin brothers are and have been in the business in McDonough. They are sons of Willis Goodwin, who was for many years sheriff of Henry county.

WANT THE RAILROAD SOLD
City of Gainesville Files An Intervention in a Case.

CAUSED LITIGANTS SURPRISE
City Charges That Railroad Perpetrated Fraud on Stockholders. Hence the Suit.

Gainesville, Ga., October 2.—(Special.)—At a hearing of the Gainesville, Jefferson and Southern railway receivership case today before V. A. Charters, judge pro hac vice, the city of Gainesville filed an intervention as a stockholder and charged that the Gainesville, Jefferson and Southern railroad sold \$161,500 of the first mortgage bonds for \$15,350, or less than 10 cents on the dollar; that this transaction was inequitable, illegal, unjust and unconscionable, and a fraud upon the stockholders; that the usury in this transaction made the deed to secure the bonds void, and prayed that the deed and the bonds to secure the same be canceled, but for only for the principal, but for eighteen years' interest, amounting to \$125,000.

The filing of this intervention came as a great surprise to the other litigants and, although the whole case since its inception has been closely contested at every point, it promises now to be a battle royal. In a nutshell, the filing of this intervention means that the city of Gainesville and the stockholders join in a heroic endeavor to have the road sold, at the final adjudication, at a fair and equitable price and not allow the Georgia railroad, its principal debtor in the alleged sum of \$300,000 and more, to bid it in at what over price it pleases. To allow the Gainesville, Jefferson and Southern railroad at final sale to be secured by the Georgia or Southern railroads or kindred interests, would mean a bottling up of this deed and the bonds to secure the same would put the total indebtedness at only \$300,000 and this would allow the people to organize a local company to buy it in or else make the successful bidder pay what it is worth to get it. The matter will come up for a hearing on this feature of the case on October 30 at Gainesville before Auditor H. H. Perry.

A SCARLET FEVER EPIDEMIC.
Public Schools Suspended on Account of the Malady.

Carrollton, Ga., October 2.—(Special.)—The action of the city authorities here Monday in suspending the lower grades of the public schools of Carrollton for account of the prevalence of scarlet fever amongst the children of the suspension has been made to extend to the suspension of the entire school, as well as all Sunday schools in the city. Several new cases of scarlet fever have developed in the past few days.

—The Atlanta Constitution



Why Some Believe Personality Can Be Predicted From Blood Type

January 4, 2024 by Anonymous
[Eastman's Online Genealogy Newsletter - Home \(eogn.com\)](#)

You inherited your blood type from your parents (and, in turn, from ALL your ancestors) so this article appears to be genealogy-related:

The idea has deep roots in Japan's cultural past, but a watered-down version is increasingly popular in Asia and even America.

In Japan, there is a belief that a person's personality is linked to their blood type. This may sound strange, but the idea is not too dissimilar to astrology's popularity in the UK or the US today. However, Ketsueki-gata, as it is called, is unique and has deep cultural roots in Japan's recent history. While it may seem trivial to us, in Japan a person's blood type has important implications for how they are understood as an individual and how they may perform in their jobs. So what's going on here?

What does your blood type say about you?

Okay, let's get the fun part out of the way first. For the curious out

there, this is what Ketsueki-gata says about the different blood types.

Type A blood: According to a casual internet search, people with Type A blood are regarded as warm, friendly, and compassionate. However, they can be obsessive, stubborn, and uptight. Type A individuals are said to be

Type AB blood: If you have AB type blood, you get the best of both worlds. According to Ketsueki-gata, you're likely to be regarded as rational, composed, sociable, and adaptable. But you can also be unreliable, critical, indecisive, and aloof. AB type blood is the rarest in Japan, so people with it are often seen as eccentric.

Type O blood: These individuals are confident, strong-willed, optimistic, and natural leaders. But they are also competitive, insecure, and likely workaholics. According to this system of thinking, Type O people are not meant to get on with type A people.

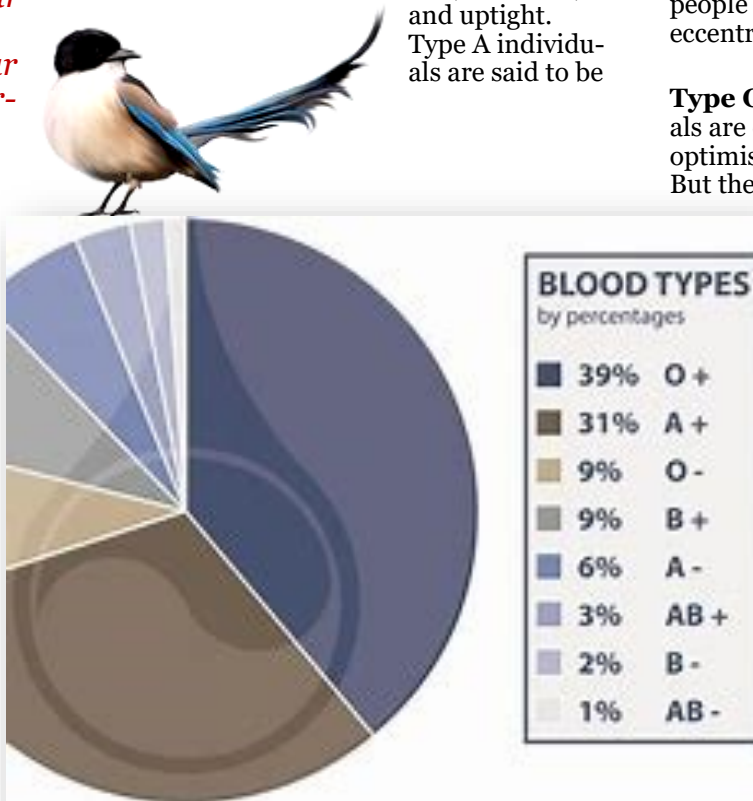
There are other blood types out there – Ketsueki-gata was only designed to account for these main types.

You can read more in an article by Dr. Russell Moul published in the iflscience web site at: <http://tnyurl.com/2yjya2ym>.

More Links:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4433257/>. Since blood type might be considered a genetic marker, your blood type could determine your personality.

Does Blood Type Determine Personality? What the Science Says: [Science of People | People Smarts for Smart People](#)



more common in Japan than people with other blood types.

Type B blood: Individuals with Type B blood are thought to be strong, passionate, decisive, and empathetic, but they are also more selfish, erratic, unforgiving, and wild. People with this type of blood are seen as being quite transitory, taking up projects and then leaving them half-complete.

Joseph Hamilton Upchurch Family

By R. Phillip Upchurch, PhD

UPCHURCH BULLETIN —
Vol.20 Number 4—Oct. 1999

We are indebted to Cousin John Read U. of Arizona for this valuable set of photos. John is the great grandson of Joseph Hamilton U.. This presentation provides an opportunity to report on the broader issue of our long standing search for the ancestors of Joseph U., b. 1775 (VA), the

grandfather of Joseph Hamilton Upchurch.

Numerous descendants of Joseph U., b. 1775 have continued to cooperate in upgrading the Master Outline for what we are tentatively calling the Joseph U. Group. We are treating this "Group" as the equivalent of a Clan. Indeed, Joseph U., b. 1775, may well be a member of the 5th Generation of the Upchurch Family in America as is the case for the heads of the 22 estab-

lished Upchurch Clans. Our Master Outline for the Joseph U. Group now consists of about 2000 descendants of Joseph U., b. 1775. Cousin John Read U. has hired a professional genealogist working in Salt Lake City, UT, to help locate the father of Joseph U., b. 1775. We have provided John with all data previously accumulated on this matter and John has agreed to provide the results of his researcher's findings so they can be reported in the UB. A great many people owe a debt of gratitude to Cousin John for his aggressive approach to this project.

We first find Joseph U., b. 1775 (VA), in Rutherford Co., NC on the 1800 census. He soon migrated to White Co., TN and there on 9 JUN 1823 his son Enoch S. Upchurch was born. Enoch grew to manhood in White Co., TN and there in 1846 married Louisa Ann Schuster. To this couple was born a son, Joseph Hamilton Upchurch.

Enoch moved his family to Hamilton Co., IL when Joseph would have been barely a teenager. There Joseph spent the rest of his life.

Enoch and Joseph and their wives and other close family members are buried in the Hutson Cemetery in Hamilton Co., IL. A portion of the story about Joseph Hamilton U. is best told in the book *"History of Gallatin, Saline, Hamilton, Franklin and Williamston Counties, IL"* published by The Goodspeed Publishing Co. of Chicago, IL in 1887. At that time Joseph would have been 40 years old. He had already achieved outstanding citizen status but had lost both his wives.

II. PHOTOGRAPH

JOSEPH HAMILTON UPCHURCH AND HIS TWO WIVES - RE THE FAMILY OF JOSEPH U., b. 1775



Pictured above clockwise from top left are Joseph Hamilton U., photo taken about 1870 and Joseph again taken about 1880, his first wife, nee: Susan Hutson taken about 1870 and his second wife, nee: Ida Hutson taken about 1880. See following text for more details.

Continued on page 7



Joseph Hamilton Upchurch Family

Continued from page 6

He would live on to 7 OCT 1913. The section on Joseph Hamilton U. reads as follows: "Joseph H. Upchurch, Circuit Court Clerk of Hamilton County, ILL. Was born in White County Tenn., April 11, 1847 the son of Enoch S. & Louisa (Shuster) Upchurch, both natives of Tennessee. Our subject came to Illinois with his parents in 1860. The father located on the farm in this county and followed farming until his death, August 30, 1882. Here our subject was reared and educated.

He has followed a farmer's life. Teaching school in winter and farming during the summer as his father, grandfather and great grandfather had done before him, up to the present, and still lives on his farm three miles south of McLeansboro.

He has always been an unswerving Democrat and actively engaged in political affairs since 1871. He was deputy assessor from 1871 to 1877. In 1876 he made an unsuccessful race for sheriff. In 1877 he was elected treasurer of the county, and in 1879 re-elected for the following term which held over until December 1882. In 1884 he was elected circuit court, which office he has filled in a highly efficient and faithful manner to the present time.

He has lost two wives by death, they were Susan and Ida Hutson (sisters). One child by each wife is living. Francis R. and Nora.

He is a member of the Knights of Honor, and is justly recognized as one of Hamilton County's enterprising citizens and popular officials." This is a good time and place to mention some of the additional interactions that are helping us to expand our understanding of the Group headed by Joseph U., b. 1775.

A letter dated 7 OCT 1999 from Mrs. Charles Harris Martin (nee: Billye Joyce Maynard) brought news of her continued interest.

Actually it is Charles who is the descendant of Joseph U., b. 1775. He is the GGS of Joseph B. U. who is the GS of Joseph U., b. 1775. Joyce brought new information about the Upchurch family that lived in Dekalb Co., TN in the early 1800s. There Sally U. married Berry Cantrell and Anna U. married Felix Cantrell. These two females could well be daughters of Joseph U., b. 1775. Charles and Joyce both have Cantrell ancestors. This Cantrell family was in Spartenburg Co., SC before 1814 and afterwards in Dekalb Co., TN. This county was formed from White and Warren Counties, so the records of interest to us may refer to any of these three counties, depending on the dates involved.

Our files contain an 8 AUG 1989 letter from Mrs. David Warren Harris, Jr. (nee: Glenda Louise Moore) in which she gives an excellent report of her recollections of her GF Joseph Ambrose U. and his wife. Glenda is the niece of Mrs. Irene McCullough of Avery, TX who has been a major source of information on the Joseph U., b. 1775 Group. We also have archived a 1989 report from Mrs. Billy Ray Mc Cool (nee: Betty June U.) of Duncanville, TX who is also a GD of Joseph Ambrose U. These citations are just a sampling of interactions which have as their purpose the documentation of the Joseph U., b. 1775 Group. Such interactions are to be encouraged. We look forward to that glorious day when we will learn how Joseph U., b. 1775 fits into the Upchurch family as it existed in Colonial times.



*Dr. Phil Upchurch,
founder of Up-
church and Al-
lied Families, and
editor of the Up-
church Bulletin*

between 1980-2016.

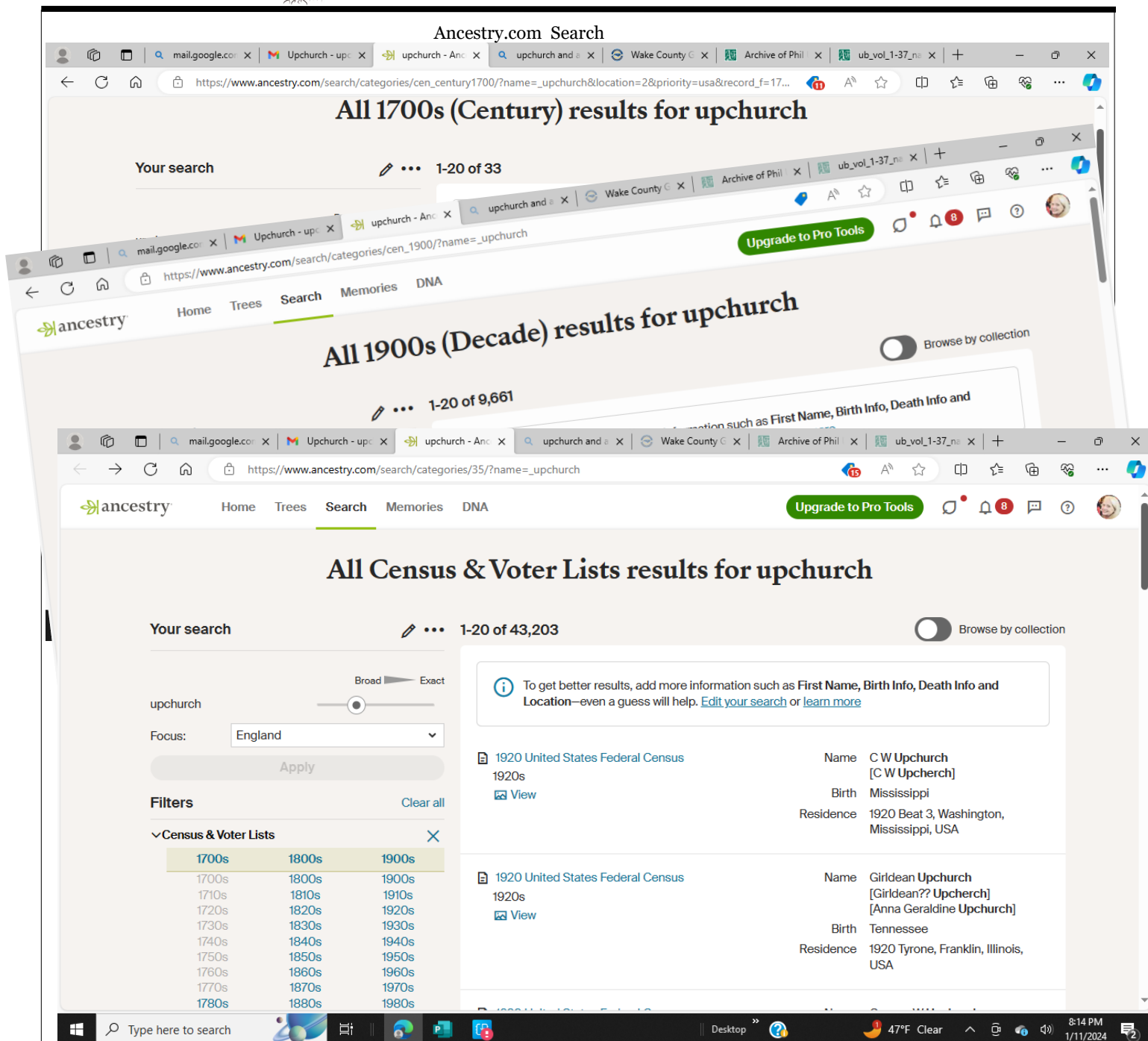
Some family trees have beautiful leaves, and some have just a bunch of nuts. Remember, it is the nuts that make the tree worth shaking. – Unknown

The thing that interests me most about family history is the gap between the things we think we know about our families and the realities. – Jeremy Hardy

Why waste your money looking up your family tree? Just go into politics and your opponents will do it for you. – Mark Twain

We inherit from our ancestors gifts so often taken for granted. Each of us contains within this inheritance of soul. We are links between the ages, containing past and present expectations, sacred memories and future promise. – Edward Sellner





All 1700s (Century) results for upchurch

Your search 1-20 of 33

All 1900s (Decade) results for upchurch

1-20 of 9,661

All Census & Voter Lists results for upchurch

Your search 1-20 of 43,203

upchurch

Focus: England

Apply

Filters Clear all

▼ Census & Voter Lists

1700s	1800s	1900s
1700s	1800s	1900s
1710s	1810s	1910s
1720s	1820s	1920s
1730s	1830s	1930s
1740s	1840s	1940s
1750s	1850s	1950s
1760s	1860s	1960s
1770s	1870s	1970s
1780s	1880s	1980s

To get better results, add more information such as First Name, Birth Info, Death Info and Location—even a guess will help. [Edit your search](#) or [learn more](#)

1920 United States Federal Census 1920s View

Name C W Upchurch [C W Upcherh]
Birth Mississippi
Residence 1920 Beat 3, Washington, Mississippi, USA

1920 United States Federal Census 1920s View

Name Girdean Upchurch [Girdean?? Upcherh] [Anna Geraldine Upchurch]
Birth Tennessee
Residence 1920 Tyrone, Franklin, Illinois, USA

I am a novice researcher but I came across a way to quickly find UPCHURCH people you are looking for. Click here or go to [upchurch - Ancestry.com](https://www.ancestry.com) and search by decade or century. For example, looking for great-grandfathers brother, Jed, who moved to Australia when he was 17 and lost touch with his family? Census or Voter Lists is a good place to

locate where an ancestor may have been living in 1910 for example. The page is pretty self explanatory and it links in to your tree on ancestry. Look on the screen print above, to see the number of names pulled up. In my search for all Census and Voter Lists, 43,203 names of people named UPCHURCH came up! They show 20 names, census year, birth and residence per page. Try the drop-down

menu for other locations for a world search In order to search you need a subscription to Ancestry.com, although possibly a 2-week free trial is available. Best of luck to you in your search!

—Editor





Outline of Stephen Upchurch, Subclan of the John Upchurch III Clan (Clan No. 14)

By Robert "Phil" Upchurch, PhD.

This article appeared in the UP-CHURCH BULLETIN July 1987 in Vol. 8 No. 3.

BOOK REVIEW. **"Guide To The Buildings Of Surry And The American Revolution"** by James D. Kornwolf. 1976. The Surry County 1776 Bicentennial Committee (LCCN 76-47315). This book, previously cited in UB V. 1, pg. 51; is written to stimulate further study of the history of Surry Co., VA. There are two chapters, two appendices and a bibliography. Chapter I (154 pages) concerns the buildings of Surry with separate sections on churches, plantations, and towns. Chapter II (25 pages) provides a narrative on the role of Surry in the American Revolution. Of keen interest to Upchurches is the fact that three major historic events considered preludes to the Revolutionary War occurred in the neighborhood where Michael U. lived. They were The Lawnes Creek Insurrection of December 12, 1673, The Unorthodox Preaching of Reverend Robert Parke in Lawnes Creek Parish Church in July 1675 and finally Bacon's Rebellion of 1676. Michael U. was a participant in the first of these. Kornwolf provides an excellent personal view of the background and spirit which led to the Revolution, followed by a chronological account of events & map to show positions. A special section on the role of negroes in the Revolution is included. Appendix I provides a chronological listing and description of Surry County land transactions for the period 1614-1666. The accompanying fold-out map is excellent. This book is an outstanding resource for those in-

terested in Upchurch history. While implications for Upchurches may later be found in any segment of the book, our keenest interest is in that part of the book which concerns the pre-Revolutionary War aspects since Michael Upchurch, I is thought to have moved out of Surry County by about 1750. Much of the book is devoted to buildings and historic events about the time of the Revolution (1776-1781) and about the time of the Civil War (1861-1865). Also, we are concerned primarily with the eastern 1/6th of the county which comprises the Lawnes Creek Parish where Michael U. I lived.

C. COMMENTARY ON THE UP-CHURCHES IN SURRY CO., VA - Based on Kornwolf's Book and Other Sources (See Map which follows). Jamestown (James City) VA was settled in 1607. The area across the James River to the south, later to become Surry County, was treated at first as an adjunct to Jamestown. In 1634 the Surry area was officially a part of James City County and in 1652 it became a county in its own right. Kornwolf reports that Surry Co. had retained virtually all of its historical records since 1652.. The first Surry land grant on April 5, 1614 was the famous transaction whereby Chief Powhatan granted land to John Rolfe when John married the Chief's daughter, Pocahontas. The land was on the south side of Grays Creek where it enters the James River. From 1614 through 1634 a total of 27 land grants were awarded in the Surry Co. area. Granting accelerated in 1635 when

19 grants were awarded. By 1666 most of the land ten miles southward from the James River had been allocated. The attached map is a sketch of a portion of Surry Co., VA concentrating on that segment (Lawnes Creek Parish) where Michael U. I is known to have lived. When Michael U. I arrived in VA in 1649 Lawnes Creek Parish included Hog Island in the north, extended from Lawnes Creek on the east to College Run Creek on the west.

A few notable points on this map are as follows:

1. Lawnes Creek Church. The first was here from 1628 to 1650. An enlarged one constructed in 1650 lasted until 1695. The exact location is debatable. Michael U. I was associated with this church.
2. Chippokes Plantation.
3. Bacon's Castle
4. Richneck
5. Mill Land Transactions in Lawnes Creek Parish for the period 1614-1666 were as follows (See map for letter designations)
6. Lawnes Creek Church No. 3 (1695-1751):

A. John Bailey prior to 1619 was granted 490 acres. His daughter, Mary Bailey (Bayley) married Randall Holt I before 1630 and their descendants enlarged and held the grant.



Outline of Stephen Upchurch, Subclan of the John Upchurch

Continued from Page 9

Randall Holt II, their son, re-patented 700 acres 1 AUG 1643.

B. Captain Ralph Hamer was granted 250 acres before 1619. Tais passed to Randall Holt (I or II) by 1643.

C. Abraham Root, Planter, was granted 50 acres in Hog Island (Maine) at a place called "The Rockes". A 21 year lease was granted. NFI.

D. John George granted 900 acres east of land of William Bayley and north of Bayley's Creek. This appears to be land south of Hog Island first patented by William Bailey (Bayley) before 1619. It appears that 550 acres of this land was re-patented by William Spencer, Gentleman 28 AUG 1637.

E. William Spencer patented 1100 acres on 19 JUN 1635 on Lawnes Creek, bound on west by Hog Island Creek and on south by 250 acre parcel he patented in 1632.

F. William Spencer, Yeoman, patented 9 SEP 1632, 250 acres at mouth of Lawnes Creek, possibly including land settled by Captain Christopher Lawne in 1619. Spencer's holding greatly expanded in 1635 and 1637.

G. Robert Lawtheat, Planter - on 1 MAR 1635 had 50 acres granted him by Captain William Pierce of Mulberry Island.

H. Ensign John Utye was granted 100 acres on 3 NOV 1624 on the James River on the east side of the mouth of Lower Chippokes Creek called "Utopia". Passed to

John Browning in 1629 and thence most likely to Stephen Webb.

I. Stephen Webb on 30 JUN 1635 was granted 300 acres near the mouth of Lower Chippokes Creek "beginning at a little valley butting upon a reedy swamp running northerly towards the James River, southerly into the woods upon land of Hanibal Fletcher and easterly towards Lawnes Creek", bounded west by Lower Chippokes Creek. This was the first of six patents granted Webb before 1642 in Surry. In 1642 Webb agreed to build a house with George Powell. Webb died before 24 JUL 1659 and left sons, Robert, b. 16 NOV 1636 and William, b. 15 FEB 1645.

J. George Burcher was granted 200 acres near the head of a little creek between the mouths of Hog Island and Lawnes Creeks. Burcher (also spelled Burtcher) re-patented this land in 1637 and took out patents for 300 acres at Upper Chippokes Creek where he appears to have lived.

K. Hannibal Fletcher on 24 JUN 1635 was granted 150 acres on the east side of Lower Chippokes Creek between two creeks and adjacent land of John Russel. Fletcher witnessed Stephen Webb's agreement with George Powell in 1642 to build a house at Chippokes

L. John Russel was granted 250 acres in Lower Chippokes Creek beginning at the upper little creek, running into the maine towards Lawnes Creek, bounded upon the great Chippokes Creek southwest by west and north towards the James River.

M. Captain William Pierce, Esquire, was granted 2000 acres on Lawnes Creek bounded to the north by Spencer's land and to the south by Alice Delke's. Pierce was a member of the Council of State at the time and he appears to have mainly resided on Mulberry Island further down the James. A small creek running into Lawnes Creek still bears his name. The 2000 acres were acquired by Edward Bland, a Merchant of London, on 7 JUL 1646.

N. Robert Sheppard on 26 JUL 1638 patented 650 acres on Lower Chippokes Creek above the uppermost little creek between two branches thereof, bounding west upon land of John Dunstan. *(See AA below for adjoining land of Sheppard on the other side of Lower Chippokes Creek)*

O. John Dunstan on 1 JUN 1636 patented 850 acres in two patents being northwest above the head of Lower Chippokes Creek in Hog Island maine and bounded east upon land of Robert Sheppard, west and north upon Lower Chippokes Creek including the valley of the "Arroe Reed Swamp". This was re-patented in 1638. On 6 OCT 1661, 500 acres of the 850 were purchased by Arthur Allen (of Bacon's Castle) from Ralph and Peleg Dunstan, heirs of John Dunstan.

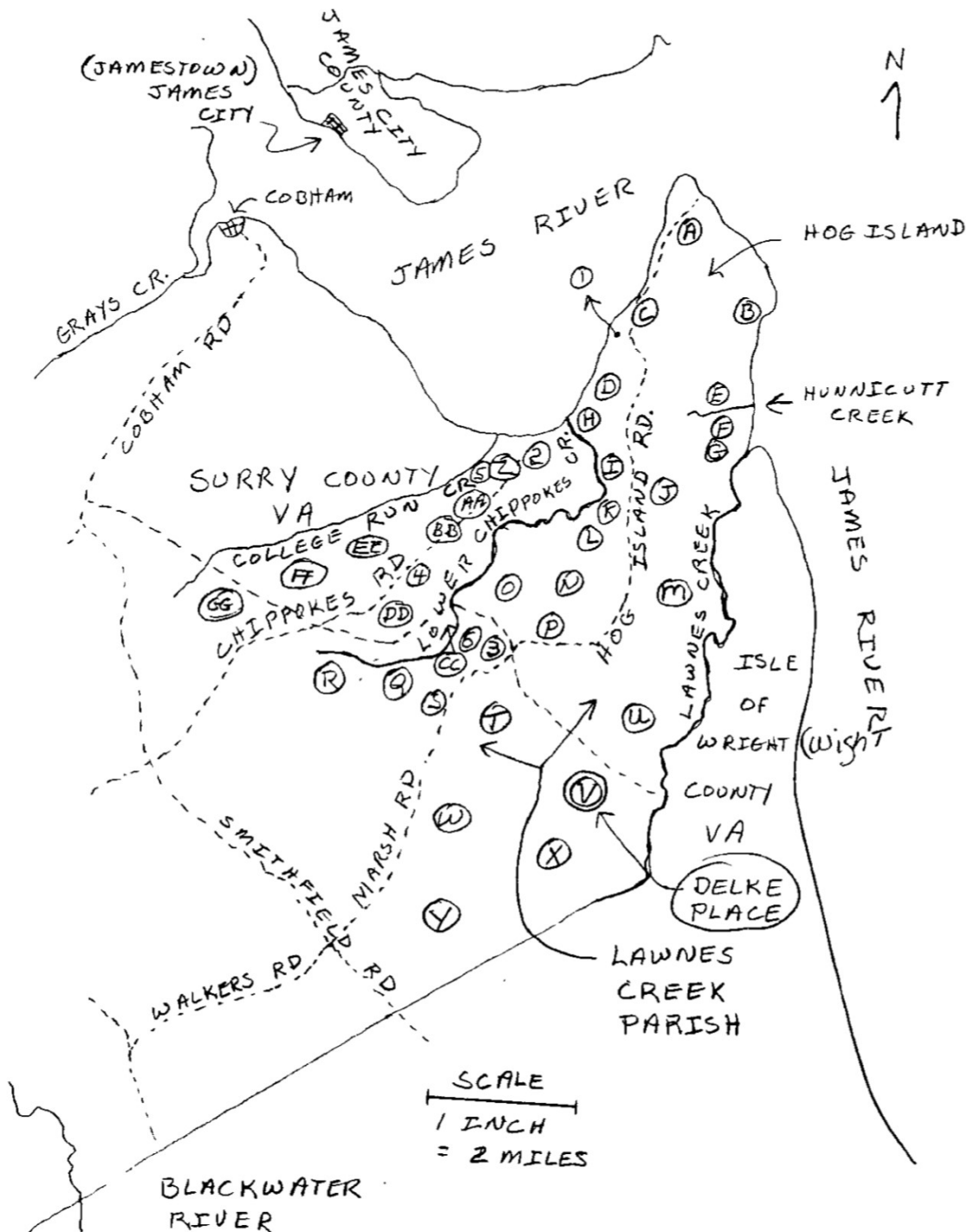
P. Arthur Allen on 14 MAR 1649 received his first patent in Surry of 200 acres. This was between Lower Chippokes and Lawnes Creek but not touching either

Continued on page 11

Outline of Stephen Upchurch, Subclan of the John Upchurch

Continued from Page 10

MAP OF LAWNES CREEK PARISH OF SURRY CO., VA
(see text for identifications)



Continued on page 12



Outline of Stephen Upchurch, Subclan of the John Upchurch

Continued from Page 11

bounded on the north by Bland (formerly Pierce's land) and on the east by Reynolds. This is assumed to be the land on which Bacon's Castle was built.

Q. John Barker on 29 NOV 1649 patented 300 acres at the very head of Lower Chippokes Creek, bounded on the north-west by Carter's land and also on Dunstan's land.

R. William Carter on 15 AUG 1637 granted 200 acres south of 800 acres granted him in 1636 (*CC and DD*). This is in the "rich neck".

S. Randall Holt on 18 SEP 1636 was granted 400 acres above the head of Lower Chippokes Creek northerly upon a point of the wood on the Chippokes side, southerly upon a swamp with a small run near Dunstan's land, east toward the head of the said creek, and westerly along a great swamp into the woods. Re-patented 20 JUL 1639.

T. William Butler, Sr., Gentleman, on 29 AUG 1643, patented 700 acres at the head of Lawnes Creek, adjacent to lands of Lawrence, Pierce, Reynolds and Stampe. Butler willed this land to his son, William Jr., in 16b4 having sold 150 acres to Peter Greene in 1663. William Jr. added 590 acres more in 1673.

U. William Lee (Leas) on 4 OCT 1660 was granted 150 acres on the west side of the head of Lawnes Creek, ac-

quired from William Heath. Expanded to 350 acres by 1663. The 350 acre tract was between the land of Pierce and Delke. It was sold to Peter Greene 21 FEB 1663.

V. Roger2att, Sr. was granted 1000 acres before 1636. On Lawnes Creek south-of Captain Pierce. To the east across Lawnes Creek was the property of Rogers. Tract re-patented 23 DEC 1636 by Nicholas Reynolds when he married Alice the widow of Roger Delke, Sr. On 15 FEB 1663 the tract passed to Roger Delke, Jr.

W. William Lawrence patented on 20 AUG 1643 - 300 acres south of Thomas Stampe's land on Lawnes Creek, north toward Lower Chippokes Creek, and bounded east by Butler's land. Renewed in 1647 but re-patented by Robert Warren on 6 AUG 1649.

X. Thomas Stampe on 24 FEB 1638 patented 500 acres on Lawne6 Creek bound south upon Nicholas Reynold's land. Re-patented by Stampe on 12 MAY 1640 but assigned to Captain Lawrence Baker and James Taylor on 6 MAR 1644.

Y. Dr. John Pawley, Surgeon, on 18 JUN 1639 patented 600 acres above the head of Lawnes Creek and south of Thomas Stampe's land. On 20 JUL 1639 he acquired an additional 500 acres to the south-east. The 600 acre tract was sold to T. Webb in 1644 who

sold it to G. Stephens the same year who in turn sold it to George Hardye on 21 MAY 1653.

Z. Captain William Powell about 1619 patented 600 - 1200 acres which still is called Chippokes Plantation and is now a State Park. At his death in 1623 his son, George Powell, inherited the property. After George died in the 1640's, the land had a complicated history. This land was on the James River between Lower Chippokes Creek and College Run Creek. On 18 FEB 1642, George Powell sold two 150 acre tracts to Stephen Webb. The 1200 acres reclaimed by Governor Berkeley in 1643 and thence passed to Colonel Henry Bishop 20 OCT 1646.

AA. Robert Sheppard on 19 JUL 1635 patented 300 acres near the head of Lower Chippokes Creek, beginning at a pond, then running southwest, running northerly towards the James, east upon Lower Chippokes Creek and west towards the "Sunken Marshes" e.g. College Run.

BB. William Newsum, I on 3 MAY 1636 patented 550 acres between College Run and Lower Chippokes Creek - north towards sunken marsh of College Run, south toward Lower Chippokes Creek, east upon a swamp and west into the main woods. He re-patented same 26 AUG 1643. He willed some of this to his son, William Newsum II in a will dated 10 JUN 1691.

Continued on page 13

Outline of Stephen Upchurch, Subclan of the John Upchurch

Continued from Page 12

CC. William Carter on 20 MAY 1636 patented 100 acres, a neck of land near the head of Lower Chippokes Creek, bounded on the east by this creek, south by Robert Sheppard and extending north towards the James River.

DD. William Carter on 20 MAY 1636 patented 700 acres about three miles from the James River in the "rich neck" between College Run and Lower Chippokes Creek, described as "beginning at a reedy swamp, butting easterly upon it, running southerly into the main woods, westerly upon the rich neck, otherwise upon Sunken Marsh (e.g. College Run), and northerly upon the James." Contiguous with CC. On 21 MAY 1638 Carter re-patented his 1000 acres consisting of R, CC and DD. On 31 AUG 1655 he granted 500 of the acres to Edward Pettaway and on 13 FEB 1657 the remainder to Thomas Harris.

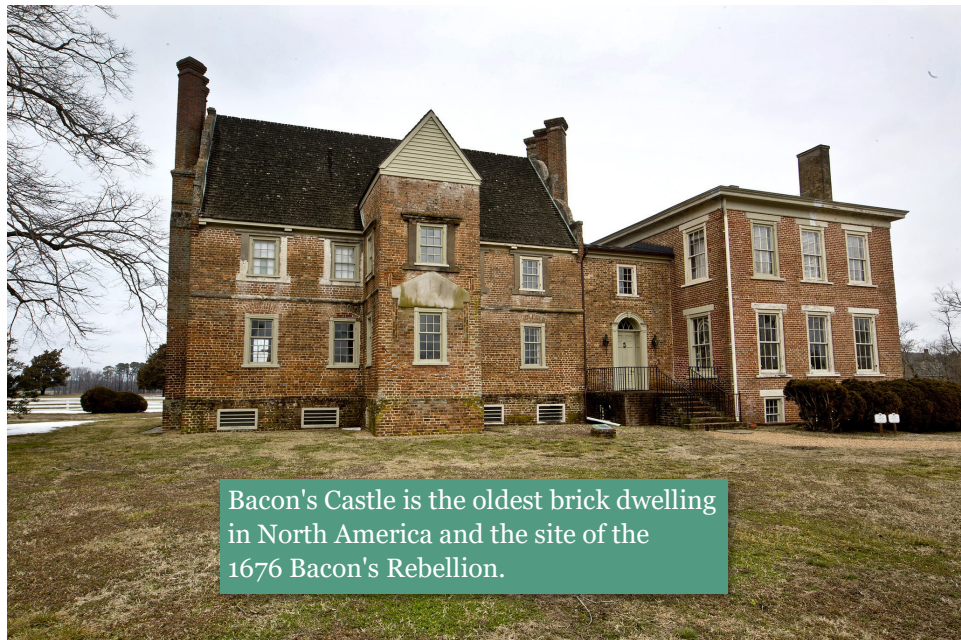
EE. Steven Webb granted 150 acres on 18 SEP 1636 joining William Carter and College Run Creek being about one mile from the James River. This parcel was re-patented by Webb on 2 MAR 1638 but claimed to be 250 acres. (This could have been 250 new acres - RPU). Mentions joining William Newsum and College Run Creek. On 6 DEC 1639 the 400 acres were re-patented and 100 acres added. The 500 acres were re-patented by Webb 10 NOV 1642. The 500 acres were inherited by son, Robert Webb, who passed it to William Batt 10 MAR 1658.

FF. John Holmwood patented 300

acres on 26 AUG 1650 at the head of College Run Creek bounded east - northeast by Stephen Webb and William Edwards. In 1652 Thomas Felton contracted to build Holmwood a house. In 1657 Thomas Harris acquired the land.

GG, Thomas Harris on 13 FEB 1657 acquired 300 (or 350) acres from John Holmwood and patented 500 (or 550) new acres joining College Run Creek, Rich Neck, William Carter, William Edwards and Mr.

Michael's interactions with land holders and others in Lawnes Creek Parish will be given. In the future we shall refer many times to the attached map of Lawnes Creek Parish as it provides the physical setting in which the original American Upchurch immigrant and his children and grandchildren lived and worked.



Bacon's Castle is the oldest brick dwelling in North America and the site of the 1676 Bacon's Rebellion.

Greene. This land was above and below "the mill".

Land transaction V cited above is of great interest to Upchurches. According to West's Upchurch Book, Michael U. I married Frances Delke, the daughter of Roger Delke, Sr. While no land ownership for Michael U. I is shown on the attached map there are a number of indications that he lived in Lawnes Creek Parish and probably on the land of Roger Delke, Sr. In a future issue of UB this account of Michael U. I will continue. Specific citations of



*Dr. Phil Upchurch, founder of **Upchurch and Allied Families**, and editor of the **Upchurch Bulletin***

between 1980-2016. This article appeared in Vol. 8 No. 3 July 1987.

After Son's Death, Highlands County (Florida) Mother Spearheads Purple Alerts for Those with Cognitive Disabilities

TALLAHASSEE, Fla. -

Florida has AMBER alerts, Blue Alerts, Silver Alerts and Sex Offender Alerts, but you can now receive Purple Alerts. These notifications go out when an adult, suffering from mental, cognitive, intellectual, or developmental disabilities is missing, but does not meet criteria for a Silver Alert.

The story behind Purple Alerts is, unfortunately, a tragic one. Back in August 2018, a Sebring man who had just moved to Port St. Lucie with his father, got out of the house in the middle of the night. Josh Marshall, 30, had a cognitive disability, was nonverbal, and walked with a lopsided gait.

"He wandered around the streets and ended up at a 7-Eleven," his mother Beverly Marshall said.

"The store clerk had seen him. Other people saw him. Nobody helped. He was distraught. He was crying. He didn't have any shoes on his feet. And he was just lost."

Josh's body was later found in a pond outside a fire station. Beverly believes that, had there

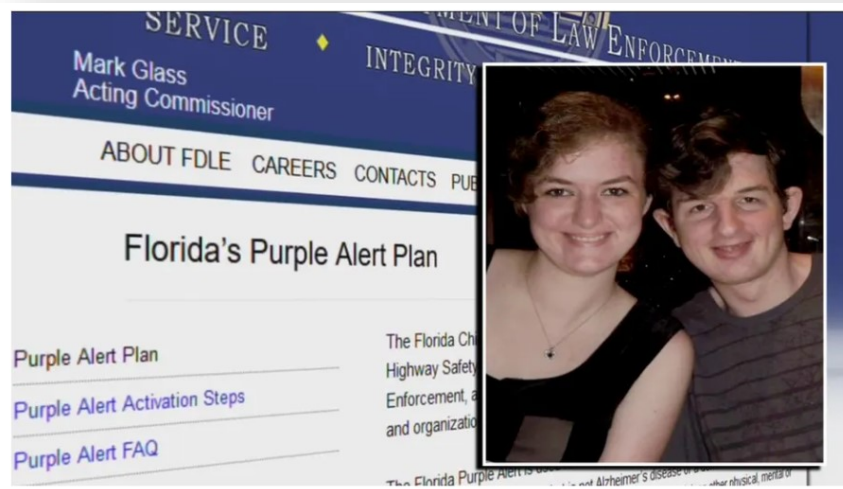
been some sort of alert, Josh might've been recognized and brought home safely.

"So many times, people could have interrupted and stepped up and said, hey, you know, this is the person that they're talking about on

nation of the following: an intellectual or developmental disability, brain injury; or another physical, mental, or emotional disability that is not related to substance abuse - and- Does not have Alzheimer's disease or a dementia related disorder?

-Has any combination of the following: an intellectual or developmental disability, brain injury; or another physical, mental, or emotional disability that is not related to substance abuse -and-

-Does not have Alzheimer's disease or a dementia related disorder?



By Haley Hinds | FOX 13 News | Published July 2, 2022

this alert. But there was no alert," Beverly said.

She fought to create Florida Purple Alerts, teaming up with Senator Lori Berman and Representative Joe Casello. It took three years, and

was signed into law in 2021.

The Purple Alert criteria are as follows:

-The person is 18 years of age or older and does not qualify for a Silver Alert.

-Has your investigation determined the missing person: Has any combi-

-Has your law enforcement agency's investigation concluded that the disappearance poses a credible threat of immediate danger or serious bodily harm to the missing person and they can only be returned to safety through law enforcement intervention?

-Is there a detailed description of the missing person suitable for distribution?

-Has your agency entered the missing person into the Florida Crime Information Center (FCIC)?

-Does the agency recommend activation?

It is a perfect example of how something very good can come out of tragedy. -

Linda Upchurch Sparks

Continued on page 15

After Son's Death, Highlands County (Florida) Mother Spearheads Purple Alerts

Cont. from page 14

[Not long after] brought the very first Purple Alert for 52-year-old William Miller of Lake Placid.

"That's kind of like bringing it home a little more, too, because I know how that feels when your loved one goes missing," Marshall said.

Beverly hopes her son's story helps others have a positive end.

"It's a great legacy for him, because it does represent the kind of person that he was," Marshall said. "You know, he was always helping. So, if we could help in a way, you know, we're there."

To get future Purple Alerts you can sign up by visiting <https://member.everbridge.net/index/892807736727806#/signup>

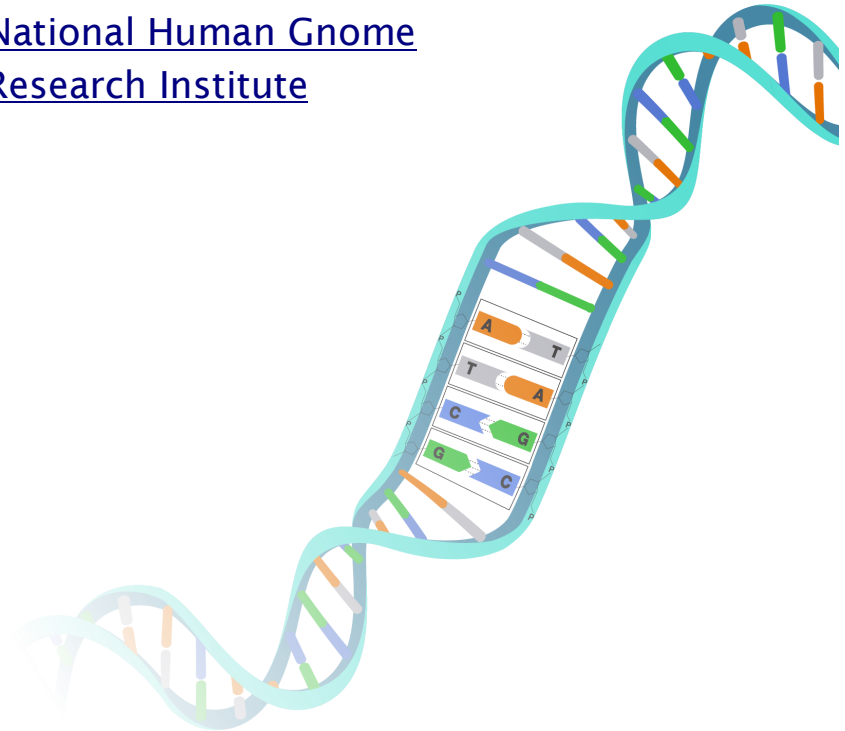


Beverly and her son, Josh Marshall are UPCHURCH descendants of the GEORGE CLAN. Last summer, Beverly and our Volunteer Upchurch Tree Master— Linda Upchurch Sparks lus-parks@eplus.net collaborated with family photographs and information in an effort to fill in the big INDEX UP-CHURCH TREE with the most up-to-date information. It is something Linda is always busy doing. I'd like to thank Linda for sharing this story with me. :) On another note it was discovered that Beverly is an International Award Winning Artist. Here is a Google link which will bring up magazine articles, images of her drawings and news stories about her artwork.: <https://capitalsoup.com/2023/07/18/fdle-celebrates-purple-alert-anniversary/>

-Editor

DEOXYRIBONUCLEIC ACID (DNA)

National Human Genome Research Institute

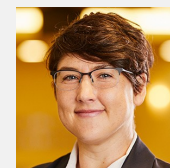


Deoxyribonucleic acid (abbreviated DNA) is **the molecule that carries genetic information for the development and functioning of an organism**. DNA is made of two linked strands that wind around each other to resemble a twisted ladder — a shape known as a double helix.

Each strand has a backbone made of alternating sugar (deoxyribose) and phosphate groups. Attached to each sugar is one of four bases: adenine (A), cytosine (C), guanine (G) or thymine (T). The two strands are connected by chemical bonds between the bases: adenine bonds with thymine, and cytosine bonds with guanine. The sequence of the bases along DNA's backbone encodes biological information, such as the in-

structions for making a protein or RNA molecule.

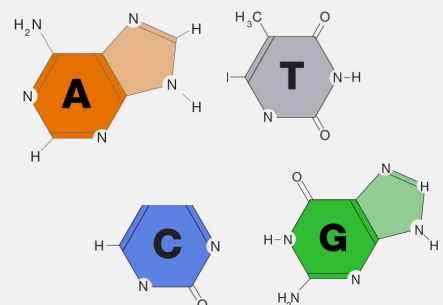
For more information go to: genome.gov



[Sarah A. Bates, M.S., M.A.](#)

Chief, Office of Communications

<https://youtu.be/L9NriBoubWE> (Video)



COLONIAL AMERICA AND THE UPCHURCH FAMILY

Regarding: Frances Upchurch

BIOFILE OF MICHAEL UPCHURCH I (continued from Upchurch Bulletin - Vol. 9, No. 1, 1988) Regarding Frances Upchurch granted administrator, on estate of Michael Upchurch, deceased.... continued as follows:

// On the 25th of July 1681 FRANCES UPCHURCH was ordered to present to the court of said County of Surry perfect inventory of his estate. (SURRY CO., VA., ORDERS, 1671-1684). The Inventory: "8108 pounds of tobacco, 4 cows, 2 yearlings, 1 calf, 2 young steers 3 years old, 3 heifers 3 years old, 24 pounds of pewter @ 8c a lb.), 12 plates, 6 porringers, 2 small tankards, 1 small flagon, a salt & beaker, 1 small bell metal, mortar & pestle, chafing dish, 2 kettles, 1 old skillet, 1 small skimmer, 3 iron pots, 1 spitt, 1 dripping pan, ladle, frying pan, flesh fork, 1 pr. pot-tracks, old parcel of plow gear, a fixt gun, 3 old chests, old feather bed as it stands, a flock bed, parcel of old bedding, pair of small stilliards [steelyards], longs, 1 brand, 1 grindstone, 19 head of poor swine, parcel of old lumber, parcel of old carpenter's tools."

Debts due the estate of MICHAEL UPCHURCH:

John Jacobs 900 lbs of tobacco, Charles Hopkins

500 pounds of tobacco, lame mare 1 year old and the vantage.

As to the parentage of FRANCES UPCHURCH, we may recall that MICHAEL told his father in his letter, dated 4 May 1652: "My wife's name is FRANCES UPCHURCH." No proof of her parentage has been found but there is strong circumstantial evidence that she was Frances Delke. We shall consider this record from Book 1, page 213 on SURRY CO., VA.,

RECORDS (E. T. DAVIS ABSTRACTS, pages 16-63):

"May 5, 1663 - Roger Delke and wife, Rebecca, to loving brothers. Francis and Robert Rennels, born of my mother, Alice Gregory, the now wife of John Gregory, sons of the deceased Nicholas Rennells, of Lawne's Creek in the County of SURRY...." Roger Delke referred to Alice, the now wife of John Gregory, as his mother. Roger Delke, Sr., must have died early and Alice Delke, his wife (mother of Roger, Jr.) married Nicholas Rennells - who appeared early in Surry County Records - and she had sons, Francis and Robert Rennells, "loving brothers" (really half-brothers) of Roger Delke, Jr. After Nicholas Rennells' death Alice Rennells married John Gregory. There was a close family connection between the UPCHURCH, Delke and



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COLONIAL AMERICA AND THE UPCHURCH FAMILY

Regarding: Frances Upchurch

Continued from page 16

Reynolds families, evidenced by the fact that Robert Reynolds and Roger Delke appeared as security in all of the known records of legal matters that had to do with the UPCHURCH family. Since there was a Francis Reynolds, a son, it is unlikely that there would have been a daughter named Frances. That leaves Frances UPCHURCH to have been of the family of Roger Delke. Very little is known of FRANCES UPCHURCH. She appeared on the 12th of June, 1683, Tithe List of Lawne's Creek Parish Church as: Wido. UPCHURCH for MICHAEL UPCHURCH." She evidently died early in 1691 as: "On the 19th of January, 1691 Robert Reynolds and Roger Delke entered security for MICHAEL UPCHURCH, due performance of the estate of FRANCES UPCHURCH, his mother...." A Certificate of Administration was granted to him

ment: "This is a true inventory of the above said deceased, FRANCES UPCHURCH, except her wearing clothes and a ring given to her daughters according to her records at her death." At the court held on the 1st of March, 1691, MICHAEL UPCHURCH, Jr. appeared and made oath that the inventory, as presented, was a true inventory of the estate of FRANCES UPCHURCH. (SURRY CO., VA., WILLS & ADMS., Bk. 4/258).

Lawne's Creek Parish Church kept no birth records during the middle sixteen hundreds, and since neither MICHAEL, nor FRANCES UPCHURCH left a will there is no documentary proof of their children. They seem to have had two sons, RICHARD and

MICHAEL, Jr., and also to have had "DAUGHTERS" as mentioned by FRANCES above. No further record of their daughters has been found, RICHARD UPCHURCH, who seems to have been the oldest son of MICHAEL and FRANCES UPCHURCH, apparently married and lived elsewhere than Surry County, Virginia. He appeared back on the home scene as living with MICHAEL II, probably on the property of their father, MICHAEL I,



on the same date. An inventory of the estate of FRANCES UPCHURCH was presented to the court on 23 January, 1691, which valued the estate as worth 6820 pounds of tobacco. This inventory was witnessed by Thomas Lane and Charles Jaret. After their signature there is a state-

according to the Tithe List of the 10th of June, 1694.

Continued on page 18

COLONIAL AMERICA AND THE UPCHURCH FAMILY

Regarding: Frances Upchurch

Continued from page 17

RICHARD was listed again on the 9th of June, 1699, as living with Robert Reynolds, who was probably his mother's half-brother. (SURRY CO., VA., WILLS & DEEDS, no. 5, 1694- 1701, Part 1). There is no further record of RICHARD UPCHURCH.

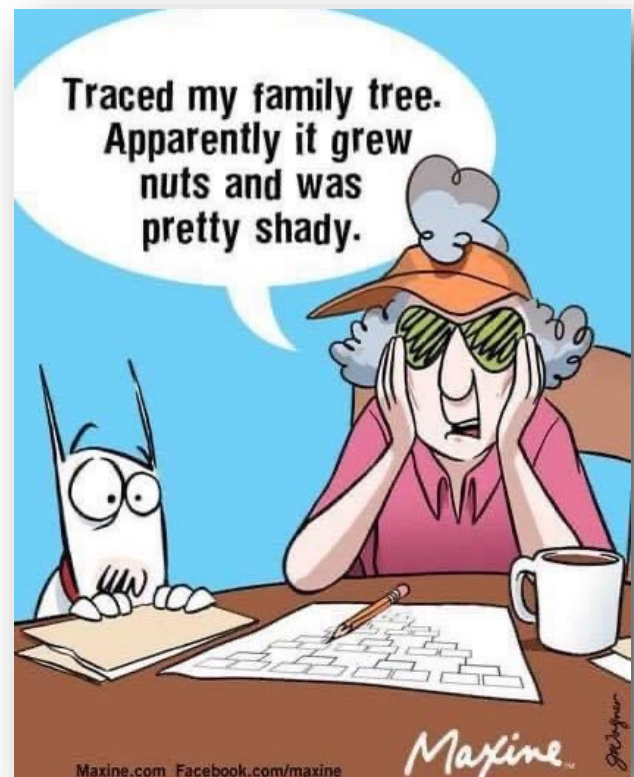
Circumstances and dates of the appearance of JOHN and JAMES UPCHURCH, of whom later, lead us to believe that they were sons of RICHARD. MICHAEL UPCHURCH II, in Surry Co., VA, seems to have been the youngest son of MICHAEL and FRANCES UPCHURCH. He was first mentioned in records as a tithable at Lawne's Creek Parish Church by his mother, FRANCES, on the 12th of June 1683, indicating that he had just reached the age of sixteen. He was listed again as a tithable in 1685 and 1688. In 1687 he was in the Militia of Surry County (SURRY CO., VA. ORDERS, WILLS & DEEDS). There is no record of a marriage of MICHAEL II. The last record of him was on the tithe list of 1694 when he appeared with RICHARD UPCHURCH." Entry 10. A. "UPCHURCH Conti Wills & Deeds page 446 To all to whome these pecents shall come known that wee Rob't Caufield & Major A. Allen Justice of peace of Quorum for ye County of Surry we send greeting in our Lord God Everlasting whereas MICHAEL UPCHURCH late of this Colony dyeing and leaving as Estate in Divers Goods In case wheeof FRANCES his Relict hath made humble suite to ye that a Commission of Administracon might be granted her of the said estates.

Now know all men that one ye sd Ro: Canfield & Ar Allen according to an order of Surry County Court baring date of July 5, 1681 for the better ordering and securing of the Estate, do give and grant unto the said FRANCES UPCHURCH the adm of all & singles the goods rights and benefits of the Estate of the said dec t of what Nature quality or condition they be in whose custody soever they remain with the colony and do by these presents further order and appoynt that the said FRANCES shall present unto the Courts of the said County of Surry at the next

Court & perfect inventory of the said Estate being lawfully approved by sufficient men upon oath & further that she satisfy & pay all such debts as remaine due & owing for ye said Estate unto any person of psons within the Colony as far as the Estate will afford and after such debts are paid then to bring a true & just accounte of the surplusage or remainder of the Estate when she shall be lawfully and deliver the same unto whom of right it shall belong or lawfully appertaine given this 25th day of July 1681.



*Dr. Phil Upchurch, founder of **Upchurch and Allied Families**, and editor of the **Upchurch Bulletin** between 1980-2016. The old spelling was retained.*





Heritage Recipes

Common Baking Spices

The following list of commonly-used baking spices each have a unique history of discovery and lore.

Allspice

Columbus found allspice (the symbol of compassion) in the West Indies in 1493. The Physician on his ship noted that the tree had the “finest smell of cloves” he had ever encountered. It is a member of the pepper family. In Caribbean cooking, it’s known as Jamaica pepper, and in Poland, it’s called kubaba.

Tastes like a blend of cinnamon, nutmeg, and cloves.

Use in pot roasts, stuffings, cakes, cookies, biscuits, pies, and relishes.

Anise Seed

Considered good for digestion, anise was common in cough drops and in flavoring homemade spirits and tonics. In 13th-century England, the tax on anise paid for repairs to London Bridge.

Sweet licorice flavor.

Use in cookies, cakes, fruit fillings, and breads, or with cottage cheese, shellfish, and spaghetti dishes.

Cardamom, Ground

Cardamom, related to ginger, was used in old recipes for pickled vegetables, fruits, and herring, custards, spiced

wines, liqueurs, and in sauerbraten.

Mild ginger flavor.

It can be used in cakes and pastries (use it instead of nutmeg in pumpkin pie), curries, jellies, and sweet potatoes.



Cinnamon

An appetite stimulant, cinnamon has been used as a perfume and in sacred oils for anointing. In folklore, sniffing cinnamon was said to cure the common cold. Cinnamon sticks (the bark of the cinnamon tree, native to Ceylon) were used by colonial Americans as a digestive aid, and to flavor or “mull” cider.

Warm, spicy flavor.

Use ground cinnamon in baked goods, stewed fruits, vegetables, spiced teas, and coffees.

Cloves

To cure the toothache, to scent the closet, or to repel moths, colonists looked to whole cloves. They grow only near the sea, particularly in Zanzibar, Madagascar, and the West Indies. Their scent can be detected at sea even before land is sighted.

Hot, spicy flavor.

Use in baked goods, curries, baked beans, and beef stew, and as a pickling spice.

Ginger, Ground

Europe had Jamaican ginger as early as 1585. It was used to protect against plague during the Black Death. It was already used in medieval times as an ingredient of gingerbread. In the 1800s, a tincture of ginger (“digest an ounce of ginger in a pint of spirits in gentle heat for a week”) was an “expellant to purgative droughts” and a cure for seasickness.

Sweet, spicy flavor.





Heritage Recipes

Common Baking Spices...

Continued from Page 19

Use in pies, pickles, puddings, cookies, cakes, cheese dishes, salad dressings, and soups. It's also an important ingredient in Chinese, Indian, and Arab dishes.

Mace

The dried aril of nutmeg, mace comes in pressed, flat blades when fresh. It is most commonly used ground. Old recipes used mace sparingly (often with cherries) because it was quite precious.

Has a soft nutmeg flavor.

Use in doughnuts and other baked goods and sauces, or with chicken, creamed fish, seafood, and fruits.

Nutmeg

Nutmeg was once considered good for head ailments and eyesight. Some old-timers used nutmeg to remove freckles. In 1760, large quantities were burned in Amsterdam to keep prices high.

Spicy, sweet taste.

Add to sweet foods, cakes, cookies, ap-

plesauce, eggnog, souffles, pies, custards, and meat and vegetable recipes.

Poppy Seed

A symbol of sleep, poppies grow where battles raged and where England's holy maid Margaret slew the dragon.

Nut-like, sweet flavor.

Good in breads, cakes, pastries, and salad dressings. Try also with vegetables and noodles.

Sesame Seed

Open, "Sesame" is what Cassim forgot in Ali Baba's tale. In East India, the seeds found culinary and ceremonial uses, including rituals for burial and fertility.

Nutlike flavor when toasted.

Use the white seeds in breads, rolls, and cookies. The black seeds are used in Asian cooking to coat meat and fish before cooking and to sea-

son rice and noodle dishes.

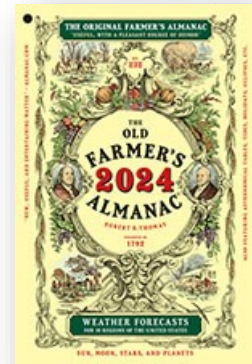
Vanilla Bean

The pod of a climbing orchid, vanilla grows in tropical climates and was used by the Aztecs for flavoring chocolate. Frugal housewives bury chunks of it in sugar for a subtle vanilla flavor.

Sweet, rich taste.

Use in custards, ice cream, cookies, and pastries, and to flavor sauces.

By [Catherine Boeckmann](#)
[Farmers Almanac 2024](#)



A Prayer For Genealogists

Lord, help me dig into the past and sift the sands of time,
That I might find the roots that made this family tree mine.
Lord, help me trace the ancient roads on which my fathers trod,
And led them through so many lands to find our present sod.

Lord, help me find an ancient book, or dusty manuscript,
That's safely hidden now away in some forgotten crypt.
Lord, let it bridge the gap that haunts my soul when I can't find,
The missing link between some name that ends the same as mine.

Curtis Woods